





FEBRUARY 2024 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Channel 103 is still experiencing issues. When it is back online we will make an announcement.</div> <div>Inside/Outside/Religious Activities</div>	<div>Hello February 2024</div> <div>Events may be rescheduled or cancelled due to low turnout or inclement weather.</div>			1 Nat'l Freedom Day 10:00 Exercise w/ Leo (AR) 10:45 Grief Support Group (7W) New group! Led by Rev. Charles O'Bryant & Rev. Margaret Desmond	2 Groundhog Day! 11:00 Exercise w/ Leo (EC) 7:00 Friday Feature (EC) "Groundhog Day" Starring Bill Murray, Andie MacDowell, & Chris Elliot Popcorn Provided	3 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 6:15 Lamar High School Theatre Production of "Mama Mia" 7:00 Bingo (EC)
4 11:30-1:30 Sunday Brunch (Main Dining Room) 2:00 Houston Symphony Livestream (EC) 6:00 Episcopal Communion Worship w/ Father George (EC)	5 11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 NEW! HEB Grocery 3:30 Six Word Writing Group (SOL)	6 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Walgreens Senior Discount Day 3:00 Houston Symphony Musicians Pederson Quartet (EC) 2 Violins, Viola, & Cello	7 9:00 Devotions (EC) Rev. Charles O'Bryant 10:15 Catholic Communion 11:00 Exercise w/ Leo (EC) 1:00 The Guild Shop 2:00 Water Exercise w/ Leo 2:00 Bible Study (L)	8 Nat'l Giving Hearts Day 10:00 Exercise w/ Leo (AR) 10:45 Sing-a-Long (L) Ava Laing at the piano 1:00 Walk in the Park Willow Water Hole 3:30 New Kids on the Block (EC) Come Meet & Welcome our Newest Residents!	9 10:00 Feedback Friday (B) 11:00 Exercise w/ Leo (EC) 11:30 Monthly Lunch Bunch Dish Society 2:00 Cooks Corner , with Frances! (L) 7:00 An Evening of Love Songs (EC) with Glennie Scott & David LaDuca. Light refreshments Served	10 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
11 Super Bowl LVIII 11:30-1:30 Sunday Brunch (Main Dining Room) 2:00 Houston Symphony Livestream (EC) 5:30 Super Bowl Festivities & Livestream (EC)	12 11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 NEW! HEB Grocery 3:30 Six Word Writing Group (SOL) 7:15 BTBM Book Club (7W) "The Madonnas of Leningrad" By Debra Dean Led by Jan Meyer	13 Fat Tuesday Mardi Gras 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Poetry Readings (Sol) Bring a special poem and enjoy sharing and hearing others 7:00 Mardi Gras Celebration (EC) Live Music from Jim Conners, King Cake & Champagne!!	14 Valentine's Day Ash Wednesday 9:00 Devotions (EC) Father Houston Okonma, St. Vincent 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 J's Treat: MFAH 2:00 Water Exercise w/ Leo 2:00 Bible Study (L) 5:30 Valentine's Day Dinner	15 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) Ginny Croft at the piano 2:00 Third Thursday w/ Margaret Desmond (7W) 5:00 February Birthday Dinner (EC) 7:30 Movie Group 1st Showing (EC) "The Homesman" Directed by Tommy Lee Jones	16 10:00 Feedback Friday (B) 11:00 Exercise w/ Leo (EC) 3:00 Shabbat Service (7W) 3:00 Chinese New Year Celebration (EC) The year of the dragon... Dragon Dance, Tai Chi performers & light refreshments.	17 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 2:00 Movie Group 2nd Showing (C3) 7:00 Bingo (EC)
18 11:30-1:30 Sunday Brunch (Main Dining Room) 6:00 Episcopal Communion Worship w/ Father George (EC)	19 President's Day 11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 NEW! HEB Grocery 3:30 Six Word Writing Group (SOL) 7:00 Movie Group Meet Up (Sol) "The Homesman" Directed by Tommy Lee Jones	20 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 11:30 Craft Corner (L) Let's make Spring Wreath's 3:00 Shuffleboard Tourney by the pool table Open to All/Light Snacks	21 9:00 Devotions (EC) Rev. Johnathan Nantais, FCC 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11:30 Meyerpark Shopping Resident's Choice 2:00 Water Exercise w/ Leo 2:00 Bible Study (L) 3:00 Amazing Place Speaker	22 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) Glennie Scott at the piano 3:00 Town Hall with Megan Lublin (EC) 5:15 Dinner Night Out Hugo's	23 Go Texan Day! 10:00 Early Voting 10:00 Feedback Friday 11:00 Exercise w/ Leo (EC) 3:00 Chili Cook Off Contest Come on down to the EC to cast your vote for your fave chili & Enjoy the live music of Country Jim & Bad Bob (EC)	24 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
25 26 11:30-1:30 Sunday Brunch (Main Dining Room) 1:30 Houston Symphony Bruckner Symphony No. 8 2:30 Houston Symphony Livestream (EC)	26 10:00 Early Voting 11:00 Exercise w/ Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 NEW! HEB Grocery 3:00 Speaker: Debra Dickinson "Broadway Showstoppers" (EC)	27 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 1:00 Speaker: Pam Gates, MFAH Chagall: Stories from the Bible (EC) 3:00 Party at the Pool Table	28 9:00 Devotions (EC) Rev. Paul Magyar, WU Baptist 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11:30 Walk & Lunch Evelyn's Park & Betsy's 2:00 Water Exercise w/ Leo 2:00 Bible Study (L)	29 Leap Year Day! 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) Ginny Croft at the piano 2:00 Leap Year Time Capsule Activity! (EC) All are Welcome!	<div>Room Location Key</div> <div>AR Aerobics Room (ET)</div> <div>BB Bayou Bar (WT)</div> <div>B Bistro (ET)</div> <div>EC Event Center (ET)</div> <div>L Lounge (WT)</div> <div>PDR Private Dining Rm (WT)</div> <div>PR Prayer Room (WT)</div> <div>SOL Solarium (WT)</div> <div>TS Towers Shop (WT)</div> <div>7W 7th Fl. Conf. Rm (WT)</div>	Black History Month An annual observance originating in the United States, where it is also known as African-American History Month. It began as a way of remembering important people and events in the history of the African diaspora.


FEBRUARY 2024 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>FEBRUARY 2024</div>				8:00 AM Visits and deliveries 1 10:00- Morning Brain Games (AR3) 10:45- Sing-a-long (L) 1:30- 1:1 Visits (in rooms) 2:30- Open Table games (AR3)	10:00- Coffee Talk (AR3) 2 10:30- Chronicles & Group Chat (AR3) 11:00- Exercise w/ Leo (EC) 1:00- Dominoes (AR3) 3:00- Friday Movie & Popcorn (DR3) Groundhog Day	10:00- Daily Chronicles available for pick up (AR3) 3 1:30- Open Table Games (Resident led) 3:00- Movie (DR3) 8:00- Houston Symphony Livestream CH3
10:00- Sunday Devotionals available for pickup (AR3) 4 11:00- Sunday Tunes at the Jukebox (DR3) 2:00- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)	10:00- Morning Brain Games (AR3) 5 2:00 Daily Chronicle (AR3) 2:15 Domino among the group 3:00- Monday matinee (DR3)	11:00- Seated Stretches (AR3) 6 1:30- BINGO (AR3) 2:30- Open Table Games (AR3)	9:00- Devotions (EC) 7 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 1:30- Craft Corner (AR3) 2:30- Seated Exercise (AR3) 3:00- Movie (DR3)	10:00- Morning Brain Games (AR3) 8 10:45- Sing-a-long (L) 1:30- 1:1 Visits (in rooms) 2:30- Open Table games (AR3)	10:00- Coffee Talk (AR3) 9 10:30- Chronicles & Group Chat (AR3) 11:00- Exercise w/ Leo (EC) 1:00- Dominoes (AR3) 3:00- Friday Movie & Popcorn (DR3)	10:00- Daily Chronicles available for pick up (AR3) 10 1:30- Open Table Games (Resident led) 3:00- Movie (DR3) 8:00- Houston Symphony Livestream CH3 Chinese New Year (Year of the Dragon)
10:00- Sunday Devotionals available for pickup (AR3) 11 11:00- Sunday Tunes at the Jukebox (DR3) 2:00- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)	8:00- AM room visits 12 10:00- Welcome Alfa to Activities!! (DR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart to rooms 2:30- Monday Munchies (DR3) 3:00- Monday matinee (DR3)	8:00- AM room visits 13 10:30 Resident Council Meeting (AR3) 11:00- Seated Stretches (AR3) 1:30- BINGO (AR3) 2:30- Open Table Games (AR3) 7:15PM- Jim Conners at the piano (EC) Mardi Gras	9:00- Devotions (EC) 14 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 1:30- Craft Corner (AR3) 2:30- Valentines Tea (DR3) 4:00- Movie (DR3) Valentine's Day	9:30- Cooks Corner (DR3) 15 10:00- Morning Brain Games (AR3) 10:45- Sing-a-long (L) 1:30- 1:1 Visits (in rooms) 2:30- Open Table games (AR3)	10:00- Coffee Talk (AR3) 16 10:30- Chronicles & Group Chat (AR3) 11:00- Exercise w/ Leo (EC) 1:00- Dominoes (AR3) 3:00- Chinese New Year w/Tai Chi Dancers (EC)	10:00- Daily Chronicles available for pick up (AR3) 17 1:30- Open Table Games (Resident led) 3:00- Movie (DR3) 8:00- Houston Symphony Livestream CH3
10:00- Sunday Devotionals available for pickup (AR3) 18 11:00- Sunday Tunes at the Jukebox (DR3) 2:00- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)	8:00- AM room visits 19 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart to rooms 2:30- Monday Munchies (DR3) 3:00- Monday matinee (DR3) Presidents' Day	8:00- AM room visits 20 10:00- Daily Chronicles (AR3) 11:00- Seated Stretches (AR3) 1:30- BINGO (AR3) 2:30- Open Table Games (AR3)	9:00- Devotions (EC) 21 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 1:30- Craft Corner (AR3) 2:30- Seated Exercise (AR3) 3:00- Movie (DR3)	9:30- Cooks Corner (DR3) 22 10:00- Morning Brain Games (AR3) 10:45- Sing-a-long (L) 1:30- 1:1 Visits (in rooms) 2:30- Happy Hour! (DR3)	10:00- Coffee Talk (AR3) 23 10:30- Chronicles & Group Chat (AR3) 11:00- Exercise w/ Leo (EC) 1:00- Dominoes (AR3) 3:00- Friday Movie & Popcorn (DR3) Chili Cook Off! (more information to follow)	10:00- Daily Chronicles available for pick up (AR3) 24 1:30- Open Table Games (Resident led) 3:00- Movie (DR3) 8:00- Houston Symphony Livestream CH3
10:00- Sunday Devotionals available for pickup (AR3) 25 11:00- Sunday Tunes at the Jukebox (DR3) 2:00- Afternoon Movie (DR3) 4:00- Residents Choice (AR3)	8:00- AM room visits 26 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart to rooms 2:30- January Birthday's! (DR3) 3:00- Monday matinee (DR3)	8:00- AM room visits 27 10:00- Daily Chronicles (AR3) 11:00- Seated Stretches (AR3) 1:30- BINGO (AR3) 2:30- Open Table Games (AR3)	9:00- Devotions (EC) 28 10:15- Catholic Communion (PR) 11:00- Exercise w/Leo (EC) 1:30- Craft Corner (AR3) 2:30- Seated Exercise (AR3) 3:00- Movie (DR3)	9:30- Cooks Corner (DR3) 29 10:00- Morning Brain Games (AR3) 10:45- Sing-a-long (L) 1:30- 1:1 Visits (in rooms) 2:30- Open Table games (AR3)		

FEBRUARY 2024 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><h2>FEBRUARY 2024</h2></div>				9:30 Morning greeting, daily chronicle 1 10:20 Prepare to depart for sing a long 1:00 One/One visits 2:00 Table games 3:00 Group joins in the activity room hydration and art 4:15 Ladies club get togeher before dinner	9:30 Morning greeting and daily chronicle delivered 2 10:30 Conversation and activities available at the bar 2:00 Table games 3:00 Corn hole 4:15 Group conversation and music before dinner Groundhog Day	Stimulation packet available 3 10:00 Saturday ME TV with retro programming Activities and conversation available with staff 1:00 1/1 visits with walks 2:00 Table games 3:00 Hydration-snack, group joins in the activity room for person centered activity fun
9:00 ME TV Channel 8 4 10:00 Channel 91 Wild wild west Activities and conversation always available at the bar (staff led) 3:00 Sunday devotion with Margaret Desmond and/or Dr. Buford Nichols Visits from Caring Friends to follow SHARON OFF	9:00 ME TV, retro programming 5 10:00 Activities available at the bar, coloring and puzzles with staff 1:00 Television set to wild wild West 3:00 VCR movie available 4:30 Group conversation prior to dinner SHARON OFF	9:00 Morning greeting, stretch and a game of parachute and ball with music 6 10:00 Bingo in the activity room 10:30 Zoe comes by for visit (Therapy dog) 1:00 One/one visits with walks 3:00 Group comes together, hydration and person centered activities 4:15 Conversation prior to dinner	9:00 ME TV 7 10:00 Activities available at the bar, coloring and puzzles with staff, residents choice 1:00 One on one visits 3:00 Group comes together for snack and making of Valentine's	9:30 Morning greeting, daily chronicle 8 10:20 Prepare to depart for sing a long 1:00 One/One visits 2:00 Table games 3:00 Group joins in the activity room hydration and match and sort, puzzles 4:15 Ladies club get togeher before dinner	9:30 Morning greeting with stretch 9 10:30 Walk and roll around the building 1:00 Ladies group meets for hand massage and aroma therapy 3:00 Refreshment, mind joggers and other trivia 3:30 Afternoon movie matinee	Stimulation packet available 10 10:00 Cooking shows galore Activities and conversation available with coloring and puzzles at the bar (staff led) 1:00 Westerns Channel 91 3:00 VCR movie available 4:30 Preparing for dinner -wind down with conversation (staff led) SHARON OFF Chinese New Year
9:00 ME TV Channel 8 11 10:00 Channel 91 Wild wild west Activities and conversation always available at the bar (staff led) 3:00 Sunday devotion with Margaret Desmond and/or Dr. Buford Nichols Visits from Caring Friends to follow SHARON OFF	9:00 ME TV, retro programming 12 10:00 Activities available at the bar, coloring and puzzles with staff, resident's choice 1:00 1/1 with walks 2:00 Hand massage for the ladies 2:30 Table games 3:00 Activity room, hydration and person centered activities 4:00 Group conversation and music until dinner President's Day	9:00 Morning greeting, stretch and a game of parachute and ball with music 13 10:00 Bingo in the activity room 10:30 Zoe comes by for visit (Therapy dog) 1:00 One/one visits with walks 3:00 Group comes together, hydration and person centered activities 4:15 Conversation prior to dinner Mardi Gras	9:00 ME TV 14 10:00 Activities available at the bar, coloring and puzzles with staff, residents choice 1:00 One on one visits 4:00 Decorate for a Valentine Dinner 5:00 Valentine Dinner Valentine's Day	9:30 Morning greeting, daily chronicle 15 10:20 Prepare to depart for sing a long 1:00 One/One visits 2:00 Table games 9:00-Devotions (EC) 10:00-Catholic Communion (PR) 11:00- Exercise w /Leo 1:30-Craft Corner (AR3) 2:30- One on One Walk and Talk (AR3) 3:30-Movie (DR3) 4:15 Ladies club get together before dinner	9:30 Morning greeting with stretch, basketball and balloon ball with music 16 10:30 1/1 visits with walks 1:00 Table games 3:00 Chinese New Year Tia Chi Dancers 4:00 Prepare for dinner - wind down with conversation and music	Stimulation packet available 17 10:00 Saturday ME TV with retro programming Activities and conversation available with staff 1:00 1/1 visits with walks 2:00 Table games 3:00 Hydration-snack, group joins in the activity room for person centered activity fun
9:00 ME TV Channel 8 18 10:00 Channel 91 Wild wild west Activities and conversation always available at the bar (staff led) 3:00 Sunday devotion with Margaret Desmond and/or Dr. Buford Nichols Visits from Caring Friends to follow SHARON OFF	9:00 ME TV, retro programming 19 10:00 Activities available at the bar, coloring and puzzles with staff 1:00 Television set to wild wild West 3:00 VCR movie available 4:30 Group conversation prior to dinner SHARON OFF	9:00 Morning greeting, stretch and a game of parachute and ball with music 20 10:00 Bingo in the activity room 10:30 Zoe comes by for visit (Therapy dog) 1:00 One/one visits with walks 2:00 Table game 3:00 Group comes together, hydration and person centered activities 4:15 Conversation prior to dinner	9:00 ME TV 21 10:00 Activities available at the bar, coloring and puzzles with staff, residents choice 1:00 One on one visits 2:00 Table games 3:00 Painting and music 4:15 Conversation prior to dinner	9:30 Morning greeting, daily chronicle 22 10:20 Prepare to depart for sing a long 1:00 One/One visits 2:00 Table games 3:00 Group joins in the activity room hydration and person centered activity 4:15 Ladies club get together before dinner	9:30 Morning greeting with stretch 23 10:30 Walk and roll around the building 1:00 Ladies group meets for hand massage and aroma therapy 2:00 Table games 3:00 Refreshment, mind joggers and other trivia 3:30 Afternoon movie matinee	Stimulation packet available 24 10:00 Cooking shows galore Activities and conversation available with coloring and puzzles at the bar (staff led) 1:00 Westerns Channel 91 3:00 VCR movie available 4:30 Preparing for dinner -wind down with conversation (staff led) SHARON OFF
9:00 ME TV Channel 8 25 10:00 Channel 91 Wild wild west Activities and conversation always available at the bar (staff led) 3:00 Sunday devotion with Margaret Desmond and/or Dr. Buford Nichols Visits from Caring Friends to follow SHARON OFF	9:00 ME TV, retro programming 26 10:00 Activities available at the bar, coloring and puzzles with staff, resident's choice 1:00 1/1 with walks 2:00 Hand massage for the ladies 2:30 Table games 3:00 Activity room, hydration and person centered activities 4:00 Group conversation and music until dinner	9:00 Morning greeting, stretch and a game of parachute and ball with music 27 10:00 Bingo in the activity room 10:30 Zoe comes by for visit (Therapy dog) 1:00 One/one visits with walks 2:00 Table game 3:00 Group comes together, hydration and person centered activities 4:15 Conversation prior to dinner	9:00 ME TV 28 10:00 Activities available at the bar, coloring and puzzles with staff, residents choice 1:00 One on one visits 2:00 Table games 3:00 Painting and music 4:15 Conversation prior to dinner	9:30 Morning greeting, daily chronicle 29 10:20 Prepare to depart for sing a long 1:00 One/One visits 2:00 Table games 3:00 Group joins in the activity room hydration and match and sort, puzzles 4:15 Ladies club get togeher before dinner	<div></div>	

FEBRUARY 2024 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2024				1	2	Quanda Off 3
				7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Make Air Fresher & Lip Balm (2) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Gilligan's Island (2) 530 Communal Dining 6:00 PBS> Ch. 8 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Small Talk & Hot Coco (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Digital Monopoly (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels Groundhog Day	7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music & Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's
Quanda Off 4	5	6	7	8	9	10
7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's	7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:00 Hydration Cart Rasberry Drink 11:00 Lotion Therapy (2) 11:30 Communal Dining 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 The Art of Words (2) 3:00 Wheel of Fortune (2) 3:00Houston Symphony Musicians Pederson Quartet (EC) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 MOTOR Skills Beer Pong (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Unite States Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ava Laing(L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Dorothy Sayers >Strong Poison (2) 530 Communal Dining 6:00 PBS> Ch. 8 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Small Talk & Hot Cocos (2) 10:30 Devotional Reading (2) 10:30 Cooks Corner (Caramel Bites (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Digital Monopoly (2) 5:30 Communal Dining 7:00Love Songs w/ Glennie Scott & David LaDuca (EC) Walk Abouts w/ Brazos Angels	7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 10:00 Alphabet Dice Game (2) 11:30 Communal Dining 2:45 Reading of The Art of Words (2) 3:00 Houston Opol Board Game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's Chinese New Year (Year of the Dragon)
Quanda Off 11	Quanda Off 12	13	14	15	Quanda Off 16	Quanda Off 17
7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's	7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:00 Hydration Cart Rasberry Drink 11:00 Lotion Therapy (2) 11:30 Communal Dining 3:00 Table Games 5:30 Communal Dining 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 The Art of Words (2) 3:00Move & Groove Mardi Game (2) 5:30 Communal Dining 7:00 TBN CH. 73 7:15 Fat Tuesday (EC) Entertainment w/ Jim Connors Walk Abouts w/ Brazos Angels Mardi Gras	7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 Valentine's Day Luncheon Entertainment w/ Jon Dameron (1st Floor) 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Unite States Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD Valentine's Day	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ginny Croft(L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Gilligan's Island (2) 530 Communal Dining 6:00 PBS> Ch. 8 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubs (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Table Games 3:00 Chinese New Year(L) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music & Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's
Quanda Off 18	Quanda Off 19	20	21	22	23	24
7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's	7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:00 Hydration Cart Rasberry Drink 11:00 Lotion Therapy (2) 11:30 Communal Dining 3:00 Table Games 5:30 Communal Dining 7:00 TBN CH. 73 Presidents' Day	7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 The Art of Words (2) 3:00 Empire State Elevator (2) 3:00 Shuffleboard Tourney (Pool Table) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 MOTOR Skills Who can get the car in the cup? (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Unite States Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along Glennie Scott(L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Dorothy Sayers > Have His Car Chase (2) 530 Communal Dining 6:00 PBS> Ch. 8 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Small Talk & Hot Coco (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 2:30 Reading of The Art of Words (2) 3:00 Digital Monopoly (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels	7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 10:00 Alphabet Dice Game (2) 11:30 Communal Dining 2:45 Reading of The Art of Words (2) 3:00 Houston Opol Board Game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's HAPPY BIRTHDAY
Quanda Off 25	Quanda Off 26	27	28	29	M. Bader 02/03 H. Flynn 02/13 C. Hill 02/27 	
7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's	7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:00 Hydration Cart Rasberry Drink 11:00 Lotion Therapy (2) 11:30 Communal Dining 3:00 Table Games 5:30 Communal Dining 7:00 TBN CH. 73	7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 The Art of Words (2) 3:00Who Got the Baby Card Game (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels	7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:30 Mudslide No-Churn Ice Cream 10:15 Catholic Communion (PR) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Unite States Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD	7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along Ginny Croft (L) 11:00 Leap Year Luncheon (1st Floor) 3:30 Thursday Theater w/snacks Gilligan's Island (2) 530 Communal Dining 6:00 PBS> Ch. 8 7:00 TBN CH. 73		

Any changes to the calendar will be posted on the board. Contact your Activities Coordinators Quanda, Alfa or Sharon with suggests or questions @ 346.571.2222