





JANUARY 2024 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>AR3- Activity Room 3rd floor DR3- Dining Room 3rd floor EC- Event Center 1st floor L- Lounge 1st floor CH3- Channel 3</p> 	<p>1</p> <p>HAPPY NEW YEAR</p>  <p>New Year's Day</p>	<p>2</p> <p>8:00- AM Visits & Deliveries 10:00- Resident Council Meeting (AR3) 10:45- Chair Yoga (AR3) 1:30- BINGO (AR3) 2:30- Outside Group Stretch 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>3</p> <p>8:00- AM Visits & Deliveries 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise W/Leo (EC) 1:30- Crafting Corner- Homemade greeting cards (AR3) 2:30- Afternoon Stretch (DR3) 3:00- Hallmark Movie (DR3)</p>	<p>4</p> <p>8:00- AM Visits & Deliveries 9:30- Cooks Corner- Bake Chocolate Chip Cookies! (DR3) 10:00- Morning Brain Games (AR3) 10:45- Sing-a-Long (L) 1:30- Activity Cart 1-1 Visits (in rooms) 2:30- Afternoon walk with Lily 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>5</p> <p>8:00- AM Visits & Deliveries 9:30- Coffee Talk (AR3) 10:00- Chronicles & Group Chat (AR3) 11:00- Exercise w/Leo (EC) 1:00- Dominoes (AR3) 2:30- Afternoon Stretch (AR3) 3:00- Friday Feature & Popcorn (DR3)</p>	<p>6</p> <p>10:00- Daily Chronicles available for pickup in AR3 1:30- Open Table Games (Resident led) Games available in AR3 3:00- Movie DR3 8:00- Houston Symphony Livestream CH3</p>	
<p>7</p> <p>10:00- Sunday Devotionals available for pickup in AR3 11:00- Sunday Tunes at the Jukebox DR3 2:00- Afternoon Movie DR3 4:00- Residents Choice (AR3)</p>	<p>8</p> <p>8:00- AM Visits & Deliveries 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart 1-1 visits (in rooms) 2:30- Monday Munchies (DR3) 3:00- Movie Matinee ((DR3)</p>	<p>9</p> <p>8:00- AM Visits & Deliveries 10:00- Chronicles & Group Chat (AR3) 10:45- Chair Yoga (AR3) 2:00- Houston Symphony Musicians (EC) 3:00- BINGO ((AR3)</p>	<p>10</p> <p>8:00- AM Visits & Deliveries 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise W/Leo (EC) 1:30- Crafting Corner- Jewelry Making (AR3) 2:30- Afternoon Stretch (DR3) 3:00- Hallmark Movie (DR3)</p>	<p>11</p> <p>8:00- AM Visits & Deliveries 9:30- Cooks Corner- Blueberry Pancakes! (DR3) 10:00- Morning Brain Games (AR3) 10:45- Sing-a-Long (L) 1:30- Activity Cart 1-1 Visits (in rooms) 2:30- Food For Thought Tea & Trivia (DR3) 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>12</p> <p>8:00- AM Visits & Deliveries 9:30- Coffee Talk (AR3) 10:00- Chronicles & Group Chat (AR3) 11:00- Exercise w/Leo (EC) 1:30- Dominoes (AR3) 2:30- Silly Social (warm up with some belly laughs at this silly social DR3)</p>	<p>13</p> <p>10:00- Daily Chronicles available for pickup in AR3 1:30- Open Table Games (Resident led) Games available in AR3 3:00- Movie DR3 8:00- Houston Symphony Livestream CH3</p>	
<p>14</p> <p>10:00- Sunday Devotionals available for pickup in AR3 11:00- Sunday Tunes at the Jukebox DR3 2:00- Afternoon Movie DR3 4:00- Residents Choice (AR3)</p>	<p>15</p> <p>8:00- AM Visits & Deliveries 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart 1-1 visits (in rooms) 3:00- Ice Cream Social Live Entertainment w/ Danette McMahon (EC)</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>8:00- AM Visits & Deliveries 10:00- Chronicles & Group Chat (AR3) 10:45- Chair Yoga (AR3) 1:30- BINGO (AR3) 2:30- Outside Group Stretch 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>17</p> <p>8:00- AM Visits & Deliveries 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise W/Leo (EC) 1:30- Betty White Day: Celebrate Betty White's B-day with some cheesecake and drinks while watching Golden Girls! 5:30- Candlelight Dinner (RSVP to Lily)</p>	<p>18</p> <p>8:00- AM Visits & Deliveries 9:30- Cooks Corner- Homemade bread (DR3) 10:00- Morning Brain Games (AR3) 10:45- Sing-a-Long (L) 11:30- Lunch Outing at Pepperoni's! 2:30- Afternoon walk with Lily 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>19</p> <p>8:00- AM Visits & Deliveries 9:30- Coffee Talk (AR3) 10:00- Chronicles & Group Chat (AR3) 11:00- Exercise w/Leo (EC) 1:00- Dominoes (AR3) 2:30- Afternoon Stretch (AR3) 3:00- Friday Feature & Popcorn (DR3)</p>	<p>20</p> <p>10:00- Daily Chronicles available for pickup in AR3 1:30- Open Table Games (Resident led) Games available in AR3 3:00- Movie DR3 8:00- Houston Symphony Livestream CH3</p>	
<p>21</p> <p>10:00- Sunday Devotionals available for pickup in AR3 11:00- Sunday Tunes at the Jukebox DR3 2:00- Afternoon Movie DR3 4:00- Residents Choice (AR3)</p> <p>Activity Professionals Week</p>	<p>22</p> <p>8:00- AM Visits & Deliveries 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart 1-1 Visits (in rooms) 2:30- Celebrate January Birthday's (DR3) 3:00- Movie Matinee ((DR3)</p> 	<p>23</p> <p>8:00- AM Visits & Deliveries 10:00- Chronicles & Group Chat (AR3) 10:45- Chair Yoga (AR3) 2:00- Trivia Hour (EC) 3:00- BINGO (AR3)</p>	<p>24</p> <p>8:00- AM Visits & Deliveries 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise W/Leo (EC) 1:30- Crafting Corner- Soap Making (AR3) 2:30- Afternoon Stretch (DR3) 3:00- Hallmark Movie (DR3)</p> <p>Tu B'Shevat Begins</p>	<p>25</p> <p>8:00- AM Visits & Deliveries 9:30- Cooks Corner- Homemade Bread! (DR3) 10:00- Morning Brain Games (AR3) 10:45- Sing-a-Long (L) 1:30- Spa Day- with face masks, aroma & lotion therapy (Library 3rd Floor) 3:00- Afternoon walk with Lily 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>26</p> <p>8:00- AM Visits & Deliveries 9:30- Coffee Talk (AR3) 10:00- Chronicles & Group Chat (AR3) 11:00- Exercise w/Leo (EC) 1:00- Dominoes (AR3) 2:00- Paint & Sip (AR3) 3:00- Friday Feature & Popcorn (DR3)</p> <p>Australia Day (Observed)</p>	<p>27</p> <p>10:00- Daily Chronicles available for pickup in AR3 1:30- Open Table Games (Resident led) Games available in AR3 3:00- Movie DR3 8:00- Houston Symphony Livestream CH3</p>	
<p>28</p> <p>10:00- Sunday Devotionals available for pickup in AR3 11:00- Sunday Tunes at the Jukebox DR3 2:00- Afternoon Movie DR3 4:00- Residents Choice (AR3)</p>	<p>29</p> <p>8:00- AM Visits & Deliveries 10:00- Morning Brain Games (AR3) 10:45- Seated Stretches (AR3) 1:30- Activity Cart 1-1 visits (in rooms) 2:30- Monday Munchies (DR3) 3:00- Movie Matinee ((DR3)</p>	<p>30</p> <p>8:00- AM Visits & Deliveries 10:00- Chronicles & Group Chat (AR3) 10:45- Chair Yoga (AR3) 1:30- BINGO (AR3) 2:30- Outside Group Stretch 3:30- Huddle & Puzzles/Open Table Games (AR3)</p>	<p>31</p> <p>8:00- AM Visits & Deliveries 9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise W/Leo (EC) 1:30- Crafting Corner- Decorate Activities Bulletin Boards (AR3) 2:30- Afternoon Stretch (DR3) 3:00- Hallmark Movie (DR3)</p>	 <p>January 2024</p>			


Brazos Tower at Bayou Manor: Assisted Living Activities

JANUARY 2024 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Quanda Off</p> <p>1</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:00 Hydration Cart Raspberry Drink 11:00 Lotion Therapy (2) 11:30 Communal Dining 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73</p> <p>J. Carter 01/13 S. Davidson 01/18</p>	<p>Quanda Off</p> <p>2</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Scrabble (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 3:00 Go Fish (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>3</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Strawberry Drink 10:15 Catholic Communion (PR) 11:00 Motor Skills 1 minute to win it scooping up cotton balls w spoon (2) 12:00 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Residents Right Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD</p>	<p>Quanda Off</p> <p>4</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Louise Frowe (L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Cocoon (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>5</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubes (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 The Art of Words Reading (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>6</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music & Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>	
<p>Quanda Off</p> <p>7</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p>Quanda Off</p> <p>8</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Delivering Brain Stimulation Packet 10:00 Monday Facts & Snacks (2) 10:15 Devotional Reading (2) 10:00 Hydration Cart Raspberry Drink 10:45 Lotion Therapy (2) 11:30 Communal Dining 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73</p> <p>New Year's Day</p>	<p>Quanda Off</p> <p>9</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 Houston Symphony (EC) 3:00 Stupid Deaths T or F (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>10</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 Motor Skills Beer Pong (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Lute States Bingo (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD</p>	<p>Quanda Off</p> <p>11</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Ava Laing (L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Elvis Live (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>12</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubes (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 The Art of Reading (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>13</p> <p>7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 10:00 Alphabet Dice Game (2) 11:30 Communal Dining 3:00 Hot Coco Social Houston Oply Board Game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p>Quanda Off</p> <p>14</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p>Quanda Off</p> <p>15</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:30 Hydration Cart Raspberry Drink 11:30 Lotion Therapy (2) 11:30 Communal Dining 2:00 Live Entertainment w/ Danelle (EC) 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73</p> <p>Martin Luther King Jr. Day</p>	<p>Quanda Off</p> <p>16</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 Poetry Reading (Sol) 3:00 Raising Hell card game (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>17</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:15 Catholic Communion (PR) 11:00 New Year Luncheon 1st Floor Live entertainment w/ Jack on the Stage 12:00 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Game of Knowledge Q&A (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD</p>	<p>Quanda Off</p> <p>18</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Garry Croff (L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks The Cheap Detective (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>19</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubes (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Shabbat (JFW) 3:00 The Art of Words Reading (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>20</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:00 Music Therapy CD 10:30 Go Fish (2) 11:30 Communal Dining 1:00 Afternoon Popcorn (EC) 3:00 Red or Black Card Game 5:00 Music & Lotion Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p>Quanda Off</p> <p>21</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p> <p>Activity Professionals Week</p>	<p>Quanda Off</p> <p>22</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Delivering Brain Stimulation Packet 10:00 Monday Facts & Snacks (2) 10:15 Devotional Reading (2) 10:30 Hydration Cart Raspberry Drink 10:45 Lotion Therapy (2) 11:30 Communal Dining 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>23</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Alphabet Dice Game (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 2:00 Test Your Knowledge and enjoy a slice of pie (EC) 3:00 Jeopardy (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>24</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 Motor Skills Can you get the car in the cup? 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Who's most likely to... (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD Tu B'Shevat Begins</p>	<p>Quanda Off</p> <p>25</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:00 Exercise w/ Leo (EC) 10:30 Devotional Reading (2) 10:45 Sing Along w/ Glennie Scott (L) 11:30 Communal Dining 3:30 Thursday Theater w/snacks Charlie & the Chocolate Factory (2) 5:30 Communal Dining 6:00 PBS- Ch. 8 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>26</p> <p>7:30 Communal Dining 9:30 Delivering Brain Stimulation Packet 10:15 Story Cubes (2) 10:30 Devotional Reading (2) 10:45 Swat the Fly (2) 11:00 Penny Ante (2) 11:30 Communal Dining 3:00 Design Opportunity (2) Make weather sensory bottles (2) 5:30 Communal Dining Walk Abouts w/ Brazos Angels Australia Day (Observed)</p>	<p>Quanda Off</p> <p>27</p> <p>7:30 Communal Dining 9:00 Daily Brain Stimulation 9:15 Short Easy Exercise 9:30 Story Cubes (2) 10:00 Alphabet Dice Game (2) 11:30 Communal Dining 3:00 Hot Chocolate Social Houston Oply Board Game (2) 5:00 Music Therapy CD 5:30 Communal Dining 7:00 Bingo (EC) Caring Friend's</p>
<p>Quanda Off</p> <p>28</p> <p>7:30 Communal Dining 10:00 Daily Chronicles 10:30 Worship Service Streamed 11:00 High or low card game 11:30 Communal Dining 3:00 Movie 5:00 Music Therapy CD 5:30 Communal Dining Caring Friend's</p>	<p>Quanda Off</p> <p>29</p> <p>7:30 Communal Dining 8:00 Make-Up Monday 9:45 Daily Chronicles 10:15 I Wiggle & Swat the Fly Exercise (2) 10:30 Hydration Cart Raspberry Drink 11:30 Lotion Therapy (2) 11:30 Communal Dining 3:00 The Art of Words (2) 5:30 Communal Dining 7:00 TBN CH. 73</p>	<p>Quanda Off</p> <p>30</p> <p>7:30 Communal Dining 9:30 Daily Chronicles 9:45 Apple Tree Exercise (2) 10:15 Devotional Reading (2) 10:00 Resident Council (2) 10:00 Exercise w/ Leo (EC) 11:30 Communal Dining 3:00 Wheel of Fortune (2) 5:30 Communal Dining 7:00 TBN CH. 73 Walk Abouts w/ Brazos Angels</p>	<p>Quanda Off</p> <p>31</p> <p>7:30 Communal Dining 9:00 Devotions (EC) 9:30 Delivering Brain Stimulation Packet 10:00 Hydration Cart Hibiscus & Passionfruit Drink 10:15 Catholic Communion (PR) 11:00 Motor Skills January IG (2) 11:30 Communal Dining 1:00 Bible Study 3:00 Wine Down & Whiskey Wednesday Wheel Of Fortune Answer correctly or take a drink (2) 5:30 Communal Dining 6:00 Music & Lotion Therapy CD</p>	<h1>January 2024</h1>		

Any changes to the calendar will be posted on the board. Contact your Activities Coordinators Quanda or Sharon with suggests or questions @ 346.571.2222

JANUARY 2024 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>1 New Year's Day</p> 	<p>2</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Walgreens Senior Discount Day</p>	<p>3 Nat'l Chocolate Covered Cherry Day</p> <p>9:00 Devotions (EC) The Rev. Charles O'Bryant</p> <p>10:15 Catholic Communion Exercise w/ Leo (EC)</p> <p>2:00 Water Exercise w/ Leo</p> <p>2:00 Bible Study (L)</p>	<p>4 Trivia Day</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) Louise Frowe at the piano</p> <p>7:30 Classic Movie Night (C3) "An American in Paris"</p>	<p>5 Nat'l Bird Day</p> <p>9:00 Coffee Talk (B)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>12:45 The Blue Bird Circle Resale Shopping</p>	<p>6</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (Channel 3)</p>
<p>7</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>6:00 Episcopal Communion Worship w/ Father George (EC)</p>	<p>8 Happy B-day Elvis</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>7:00 BTBM Book Club (7W) <i>The Mystery of Julia Episcopa: A Tale of Ancient & Modern Rome</i> By John Rigoli & Diane Cummings Led by Beverly McGauhey</p>	<p>9</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2 PM Houston Symphony Musicians 2 Violins & Viola (EC)</p> <p>3:30 Party at the Pool Table Open to everyone/Light refreshments</p>	<p>10</p> <p>9:00 Devotions (EC) The Rev. Omar Rouchon, St. Philip</p> <p>10:15 Catholic Communion Exercise w/ Leo (EC)</p> <p>1:00 J's Treat: MFAH</p> <p>2:00 Water Exercise w/ Leo</p> <p>2:00 Bible Study (L)</p> <p>3:00 Retirement Reception for Frances Davenport (L)</p>	<p>11 Let it Snow Day</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) Ava Laing at the piano</p> <p>2:00 Speaker: Debra Dickinson "Mentors on Broadway" (EC)</p> <p>3:30 Caring Friends Meeting (Sol)</p> <p>7:00 Resident Association (EC) Meeting</p>	<p>12</p> <p>9:00 Coffee Talk (B)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>11:30 Monthly Lunch Bunch Cleburne's Cafeteria</p> <p>3:00 Friday Feature (C3) "Catch Me If You Can" Starring Leonardo DiCaprio & Tom Hanks</p>	<p>13</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (Channel 3)</p>
<p>14</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>7:00 Sunday Night Cinema (C3) <i>David Burns American Utopia</i></p>	<p>15 Martin Luther King Day</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (AR)</p> <p>1:00 Brazos Needle Group (L)</p> <p>3:00 Ice Cream Social Live Entertainment w/ Danette McMahon (EC)</p>	<p>16</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Poetry Readings (Sol) Bring a special poem and enjoy sharing and hearing others</p>	<p>17</p> <p>9:00 Devotions (EC) The Rev. Susan Yarbrough</p> <p>10:15 Catholic Communion (PR) Exercise w/ Leo (EC)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>2:00 Water Exercise w/ Leo</p> <p>2:00 Bible Study (L)</p> <p>5:30 Candlelight Dinner</p>	<p>18 Happy B-day John Travolta</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) Ginny Croft at the piano</p> <p>2:00 Third Thursday w/ Margaret Desmond (7W)</p> <p>5:00 January Birthday Dinner (EC)</p> <p>7:30 Celebrating John Travolta (C3) Movie "Hair Spray"</p>	<p>19</p> <p>9:00 Coffee Talk (B)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>12:45 Walk in the Park Willow Water Hole</p> <p>3:00 Shabbat Service (7W)</p>	<p>20 Nat'l Penguin Day</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (Channel 3)</p>
<p>21</p> <p>1:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>1:30 Houston Symphony Takemitsu + Brahms Requiem</p> <p>6:00 Episcopal Communion Worship w/ Father George (EC)</p>	<p>22</p> <p>10:00 Costco Bus Trip Membership Required</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p>	<p>23 National Pie Day</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Trivia Hour—Come to the Event Center and test your knowledge and enjoy a slice of heaven</p>	<p>24</p> <p>9:00 Devotions (EC) The Rev. Jim Gill, St. Andrew's</p> <p>10:15 Catholic Communion (PR) Exercise w/ Leo (EC)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>2:00 Water Exercise w/ Leo</p> <p>2:00 Bible Study (L)</p> <p>7:00 Movie Group 1st Showing (C3)</p>	<p>25 Douglas MacArthur Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing a Long (L) Glennie Scott at the piano</p> <p>3:00 Town Hall (EC)</p> <p>5:15 Dinner Night Out Sorento's</p>	<p>26</p> <p>9:00 Coffee Talk (B)</p> <p>10:00 Episcopal Worship (AR) The Rev. David Goldberg</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>We are trying to schedule an afternoon entertainer but have not received confirmation. Will advertise if we are successful in scheduling.</p>	<p>27</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>2:00 Movie Group 2nd Showing (C3)</p> <p>7:00 Bingo (EC)</p>
<p>28</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>7:00 Sunday Night Cinema (C3) <i>Lost n America</i></p>	<p>29 Nat'l Puzzle Day</p> <p>10:30 Meyerland Shopping Resident's Choice</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>7:00 Movie Group Meet Up (Sol)</p>	<p>30</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Speaker: Pam Gates, MFAH Rembrandt: Master Painter & Printmaker (EC)</p>	<p>31</p> <p>9:00 Devotions (EC) Hymn Sing led by Jerry McGauhey</p> <p>10:15 Catholic Communion (PR) Exercise w/ Leo (EC)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>2:00 Water Exercise w/ Leo</p> <p>2:00 Bible Study (L)</p> <p>6:30 Alley Theatre "Pictures from Home"</p> <p>7:30 Stay Home Cinema (C3)</p>	<p>January 2024</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>		

JANUARY 2024 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:00 TV available: ME TV Ch 8 10:00 CHANNEL 91 Encore Western Activities and conversation always available at the bar with staff 3:00 Sunday Devotion and music with Margaret Desmond/and or/Dr.Buford Nichols. Caring Friends visits to follow.</p> <p>SHARON OFF</p>	<p>9:00 ME TV, retro programming 10:00 Activities available at the bar, coloring and puzzles with staff, resident's choice 1:00 Television set to wild wild West CH 91 3:00 VCR movie available 4:30 Group conversation prior to dinner, staff led</p> <p>SHARON OFF</p> <p>New Year's Day</p>	<p>9:00 Morning greeting and delivery of daily chronicle and other stimulation 10:00 Activities available at the bar, coloring and puzzles with staff, Residents Choice 10:30 Therapy dog, Zoe comes for visit 1:00 Lily drops in for 1/1 with friends 1:30 Encore Channel 91 Afternoon in the wild wild West 2:45 VCR movie and afternoon hydration 4:30 Group conversation prior to dinner, staff led</p> <p>SHARON OFF</p>	<p>9:00 ME TV, retro tv shows 10:00 Activities available at the bar, coloring and puzzles led by staff 1:00 Television set to wild wild West Ch 91 3:00 VCR movie available 4:00 Group conversation prior to dinner</p> <p>SHARON OFF</p>	<p>9:30 Morning greeting Daily chronicle and daily devotion 10:20 Prepare to depart for sing a long Louise Frowe at the piano 1:00 One on one visits 2:00 Dominoes 3:00 Group gathers in the activity room Refreshment Match & sort, Puzzles, and construction 4:15 Ladies Club get together before dinner</p>	<p>9:30 Morning greeting with stretch Parachute and Ball with music 10:30 Walk and Roll around the building 1:00 One on one visits 2:00 Dominoes (set up our teams) 3:00 Corn hole (set up our teams) Practice for Up and coming tournament 4:00 Hot Potatoe game and music</p>	<p>9:00 Stimulation packet available 9:30 Morning greeting and warmup stretch 10:00 Saturday Me TV with retro programming Activities and conversation available with staff 1:00 1/1 visits with walks 2:30 Table games 3:00 Hydration-snack, group joins in activity room for bingo</p>	
<p>9:00 TV available: ME TV Ch 8 10:00 CHANNEL 91 Encore Western Activities and conversation always available at the bar with staff 3:00 Sunday Devotion and music with Margaret Desmond/and or/Dr.Buford Nichols. Caring Friends visits to follow</p> <p>SHARON OFF</p>	<p>9:00 ME TV, retro programming 10:00 Activities available at the bar, coloring and puzzles with staff, resident's choice 1:00 Television set to wild wild West CH 91 3:00 VCR movie available 4:30 Group conversation prior to dinner, staff led</p> <p>SHARON OFF</p>	<p>9:30 Morning greeting with Stretch Parachute and Ball with music 10:30 Bingo in the activity room 10:45 Zoe will drop in for visit 1:00 1/1 with walks 2:00 Musicians 3:00 Activity room Our gang gets together for sensory and music appreciation Meet your neighbor, Every Tuesday we will feature a resident with a short trip down their memory lane Joe Jimenez Featured Resident 4:15 Prepare for dinner. Join in the dining room for music and conversation</p>	<p>9:45 Morning stimulation and exercise 10:00 ME TV, retro shows 10:30 Luncheon visit with Sharon 1:00 1/1 visits with walks 2:00 Table games 3:00 Activity room: Group gathers for juice, conversation, and a featured activity. "Painting and music" 4:15 Prepare for dinner: Join in the dining room for group conversation</p>	<p>9:30 Morning greeting Daily chronicle and daily devotion 10:20 Prepare to depart for sing a long Aya Laing at the piano 1:00 One on one visits 2:00 Dominoes 3:00 Group gathers in the activity room Refreshment Match & sort, Puzzles, and construction 4:15 Balloon toss, music and conversation prior to dinner</p>	<p>9:30 Morning greeting with stretch Basketball and Balloon ball with music 10:30 Walk and roll "around the building" 1:00 Ladies Group meets for hand massage and aroma therapy 2:00 Table games 3:00 Refreshment Activity room Mind joggers and other trivia 3:30 An afternoon movie matinee The best of Lucille Ball and Desi Arnaz</p>	<p>9:30 Saturday ME TV retro programming 10:30 Cooking shows galore Activities and conversation available with coloring and puzzles at the bar 1:00 Westerns Channel 91 3:00 Afternoon refreshment 3:00 VCR movie available 4:30 Preparing for dinner - wind down with conversation & music</p> <p>SHARON OFF</p>	
<p>9:00 TV available: ME TV Ch 8 10:00 CHANNEL 91 Encore Western Activities and conversation always available at the bar with staff 3:00 Sunday Devotion and music with Margaret Desmond/and or/Dr.Buford Nichols. Caring Friends visits to follow</p> <p>SHARON OFF</p>	<p>9:30 Delivery of daily chronicle & word search 10:00 Activities available at the bar, coloring and puzzles with staff, Residents choice 1:00 1/1 visits with walks 2:00 Hand massage for the ladies 2:30 Table games 3:00 JCE CREAM SOCIAL Live entertainment Danette McMahon 4:00 Group conversation and music until dinner</p> <p>SHARON OFF</p>	<p>9:30 Morning greeting with stretch Parachute and Ball with music 10:30 Bingo in the activity room 10:45 Zoe will drop in for visit 1:00 1/1 with walks 2:00 Dominoes 3:00 Activity room Our gang gets together for sensory and music appreciation Meet your neighbor, Alice Kagi Featured Resident 4:15 Prepare for dinner. Join in the dining room for music and conversation</p>	<p>9:30 Delivery of daily chronicle and stimulation packet 9:45 Activities available at the bar Residents choice 9:30 Ch 91 Television set to Encore back to the Wild western Noon Luncheon visit with Sharon 1:15 1/1 with walks 2:00 Table games 3:00 Refreshment and group gathers in the activity room. Bingo 4:15 Prepare for dinner: Join in the dining room for group conversation</p>	<p>9:30 Morning greeting Daily chronicle and daily devotion 10:20 Prepare to depart for sing a long Ginny Croft at the piano 1:00 One on one visits 2:00 Dominoes 3:00 Group gathers in the activity room Refreshment Match & sort, Puzzles, and construction 4:15 Ladies Club Get together before dinner</p>	<p>9:30 Morning greeting with stretch Parachute and Ball with music 10:30 Walk and Roll "around the building" 1:00 One on one visits 2:00 Table games 3:00 Corn hole Practice for Up and coming tournament "Corn Hole" 4:00 Hot Potatoe game and music</p>	<p>9:00 Stimulation packet available 9:30 Morning greeting and warmup stretch 10:00 Saturday Me TV with retro programming Activities and conversation available with staff 1:00 1/1 visits with walks 2:30 Table games 3:00 Hydration-snack, group joins in activity room for person centered activity fun</p>	
<p>9:00 TV available: ME TV Ch8 10:00 CHANNEL 91 Encore Western Activities and conversation always available at the bar with staff 3:00 Sunday Devotion and music with Margaret Desmond/and or/Dr.Buford Nichols and Caring Friends visits to follow</p> <p>SHARON OFF</p> <p>Activity Professionals Week</p>	<p>9:00 ME TV, retro tv shows 9:30 Delivery of daily chronicle & word search 10:00 Activities available at the bar, coloring and puzzles with staff, Resident's choice 1:00 Television set to wild wild West Ch91 3:00 VCR Movie available 4:30 Group conversation prior to dinner, staff led</p> <p>SHARON OFF</p>	<p>9:30 Morning greeting with stretch Parachute and Ball with music 10:30 Bingo in the activity room 10:45 Zoe will drop in for visit 1:00 1/1 with walks 2:00 Dominoes 3:00 Activity room Our gang gets together for sensory and music appreciation Meet your neighbor, Shirley Fletcher Featured Resident 4:15 Prepare for dinner: Join in the dining room for music and conversation</p>	<p>9:30 Delivery of daily chronicle and stimulation packet 9:45 Ch91 set to Encore back to the Wild West 9:45 Activities available at the bar Residents choice Noon - Luncheon visit with Sharon 1:15 1/1 with walks 2:00 Dominoes 3:00 Refreshment and group gathers in the activity room Person centered activities Arts & Craft</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Morning greeting Daily chronicle and daily devotion 10:20 Prepare to depart for sing a long Glenie Scott at the piano 1:00 One on one visits 2:00 Dominoes 3:00 Group gathers in the activity room Refreshment Match & sort, Puzzles, and construction 4:15 Balloon toss, music and conversation prior to dinner</p>	<p>9:30 Morning greeting with stretch Basketball & balloon ball with music 10:30 Walk and roll 1:00 Ladies Group meets for hand massage and aroma therapy 2:00 Table games 3:00 Refreshment in the activity room Historical Truth The story of the Disme Quintuplets and other interesting trivia 4:00 Corn hole tournament</p> <p>Australia Day (Observed)</p>	<p>9:30 Saturday ME TV retro programming 10:00 Cooking shows galore Activities and conversation available with coloring and puzzles at the bar 1:00 Westerns Channel 91 3:00 Afternoon refreshment 3:00 VCR movie available 4:30 Preparing for dinner - wind down with conversation & music</p> <p>SHARON OFF</p>	
<p>9:00 TV available: ME TV Ch 8 10:00 CHANNEL 91 Encore Western Activities and conversation always available at the bar with staff 3:00 Sunday Devotion and music with Margaret Desmond/and or/Dr.Buford Nichols. Caring Friends visits to follow</p> <p>SHARON OFF</p>	<p>9:30 Delivery of daily chronicle & word search 10:00 Activities available at the bar, coloring and puzzles with staff, Resident's choice 1:00 1/1 visits with walks 2:00 Dominoes 3:00 Escape to the activity room Hydration and person centered activities 4:00 Group conversation and music until dinner</p>	<p>9:30 Morning greeting with stretch Parachute and Ball with music 10:30 Bingo in the activity room 10:45 Zoe will drop in for visit 1:00 1/1 with walks 2:00 Dominoes 3:00 Activity room Our gang gets together for sensory and music appreciation Meet your neighbor, Lareta Rea Featured Resident 4:15 Prepare for dinner: Join in the dining room for music and conversation</p>	<p>9:30 Morning greeting with ball toss 9:45 Ch91 set to Encore back to the Wild West 9:45 Activities available at the bar Residents choice Noon - Luncheon visit with Sharon 1:15 1/1 visits with walks 2:00 Table games 3:00 Horse race game Activity Room Refreshment Coloring station Winter Theme 4:15 Join in the dining room for music and conversation prior to dinner</p>	<h1>January 2024</h1>			