APRIL 2023 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tune to Channel 103 for daily and upcoming events Inside/Outside/Religious Activities	Room Legend EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium B - Bistro		pril 2 e rescheduled or cancelled due to low tur			I April Fool's Day 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Afternoon Popcorn just outside the Event Center 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (Channel 3)
11:30—1:30 Sunday Brunch 1:30 Houston Symphony "Perlman Mozart Requiem" 6:00 Episcopal Worship (PR) w/ Father George	9:45 Bus trip to Brenham to see the Bluebonnets, Lunch at The Chappell Hill Café & a visit to Blue Bell for an ice cream 11:00 Exercise with Leo (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L)	9:00 Beginning Bridge Lessons w/ Patty McGinty (Lounge) 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Houston Symphony Musicians "Violin Duet" (EC) 3:15 Walgreens Senior Day	9:00 Devotions (EC) Mary Cheek, Stations of the Cross 10:15 Catholic Communion (PR) and Confessions w/ Father Houston 11:00 Exercise with Leo (EC) 1:00 Rice Midweek Medley 2:00 Water Exercise w/ Leo 2:00 Character of Faith Biblical Studies	6 Holy Thursday 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) "Favorites" with Louise Frowe 7:00 Classic Movie Night (C3) "Sunset Boulevard" Starring William Holden & Gloria Swanson	7 Good Friday 11:00 Exercise w/ Leo (EC) 2:00 Good Friday Feature "Ben Hur" (C3)	8 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Afternoon Popcorn just outside the Event Center 2:00 Needlework (3rd Floor) 2:00 Cook's Corner (7W) Bunny Cake 7:00 Bingo (EC) 8:00 Houston Symphony (C3)
9 HAPPY EASTER 11:30—1:30 Easter Sunday Brunch Please sign up in the Excursion Book!	10 100th Day of the Year 11:00 Exercise with Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 Centenarian Celebration (EC) All Residents are Welcome! 7:00 BTBM Book Club (7W) "The Book Woman of Troublesome Creek" By Kim Michele Richardson Led by Elaine Adams	9:00 Beginning Bridge Lessons w/ Patty McGinty (Lounge) 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Houston Symphony Musicians (EC) "Flute & Bassoon Duet" 3:30 Caring Friends Meeting (SOL)	9:00 Devotions (EC) Chaplain Charles O'Bryant 10:15 Catholic Communion (PR) 11:00 Exercise with Leo (EC) 1:00 J's Treat: MFAH "American Galleries" 1:00 Rice Midweek Medley 2:00 Water Exercise w/ Leo 2:00 Character of Faith Biblical Studies	13 Int'l Plant Appreciation Day 10:00 Exercise w/ Leo (EC) 10:30 Trip to Galveston to see the Tall Ships/Lunch at Mario's Italian on the Seawall 10:45 Sing-a-Long (L) with Ava Laing 7:00 Resident Association Meeting (EC)	9:00 Coffee Talk (Bistro) 10:00 Exercise via video today (C3) 11:30 Grillin' with Chef Paul (B) 3:00 Friday Feature Agatha Christie's "Murder She Said" (C3)	10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Afternoon Popcorn just outside the Event Center 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream (Channel 3)
11:30—1:30 Sunday Brunch 3 –5 Art Class w/ Sheryl (Craft Rm) 6:00 Episcopal Worship (PR) w/ Father George	17 10:30 Meyer Park Shopping Trip 11:00 Exercise with Leo (EC) 1:00 Line Dance w/ Gayle (AR) 1:00 Brazos Needle Group (L) 2:00 BBB Education Foundation Speaker: Angel Hanzik (EC) Preventing Scams with a Bingo game and prizes to win!	18 Pinata Day 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 11:00 Food Truck Cousins Maine Lobster 2:00 Robert Flatt Photography (EC) "Beautiful Cardinals" 3:30 Let's Meet at the Pool Table Come on down and show us your moves Open to everyone! Light Refreshments.	19 Nat'l Amaretto Day 9:00 Devotions (EC) Karen Davis, BTBM 10:15 Catholic Communion (PR) 11:00 Exercise with Leo (EC) 1:00 Rice Midweek Medley 1:30 Shopping Trip to Trader Joes 2:00 Water Exercise w/ Leo 2:00 Character of Faith Biblical Studies 7:00 Movie Watch #1 (C3) "Defending Your Life"	20 Nat'l Cheddar Fries Day 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Ginny, Anne & Alan 2:00 "Third Thursday" with Margaret Desmond (7W) Program: "My Obituary, My Way" 5:00 April Birthday Dinner (EC)	21 Battle of San Jacinto 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 10—12 PM Shred Truck Just outside the front entrance 2:00 Friday Fun —stop by the Event Center and pick up your treat! (EC) 3:00 Shabbat Service (7W) 6:45 Rice Univ. Shepherd School of Music Concert	10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Afternoon Popcorn just outside the Event Center 2:00 Needlework (3rd Floor) 2:00 Movie Watch #2 (C3) "Defending Your Life" 7:00 Bingo (EC) 8:00 Houston Symphony (C3)
23 Nat'l Email Day 11:30—1:30 Sunday Brunch 1:30 Houston Symphony "Mahler I" 3 –5 Art Class w/ Sheryl (Craft Rm) 30 Int'l Jazz Day 11:30—1:30 Sunday Brunch	24 Nat'l Pigs in a Blanket Day 11:00 Exercise with Leo (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Circle of Prayer (EC) All are Welcome! 3:30 Trivia Hour (EC) 7:00 Movie Meet Up Group (Sol) "Defending Your Life"	9:00 Beginning Bridge Lessons w/ Patty McGinty (Lounge) 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 1:30 Resale Shopping: MAM Ministries 7:00 Tuesday Theater (C3) "License to Kill 007"	9:00 Devotions (EC) Reverend Jeff Smith, St. Andrew's 10:15 Catholic Communion (PR) 11:00 Exercise with Leo (EC)" 1:00 Rice Midweek Medley 2:00 Water Exercise w/ Leo 2:00 Character of Faith Biblical Studies 3:00 Aroma & Lotion Therapy (PR) 6:30 Alley Theatre "Jersey Lily"	27 Marine Mammal Rescue Day 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Glennie Scott 3:00 Town Hall w/ Scott Perlman (EC) 6:30 Dinner Night Out "Hamsa" Israeli Cuisine Reservations are at 7 PM	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 3:00 Corn Hole Tournament (EC)	10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Afternoon Popcorn just outside the Event Center 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)

APRIL 2023 · ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		APRIL	2023			10:00- Daily Chronicles (Delivered) 1:00- Afternoon Popcorn (just outside the EC) 2:00- Residents Choice AR2 3:00- BINGO DR3 8:00- Houston Symphony Livestream (C3) April Fools' Day
10:00- Sunday Devotions (delivered) 11:00- Sunday Songs (DR3) 1:00- Residents Choice (AR3) 3:00- Movie (AR2) 4:00- 1:1 Visits w/ activity cart.	9:00- Decorating Bulletin Boards 10:00- Daily Facts & Snacks (AR3) 10:30- Morning Walk 11:00- Exercise w/Leo (EC) 1:30- Flower Arranging (DR3) 3:00- Monday Matinee (AR2)	9:00- Morning Greetings 10:00- Mail Call 11:00- Resident Council Meeting (AR3) 2:00- Houston Symphony Musicians 3:00- Bingo (DR3)	9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise w/ Leo (EC) 2:30- Celebrating April Birthday's with cake (DR3) 3:00- Afternoon Movie (AR2)	9:00- Morning Greetings 10:00- Morning Walk 10:45- Sing-a-Long (L) 1:30- 1:1 Visits w activity cart 2:00- Bowling (H3) 3:00- Open Table Games (AR3)	9:00- Morning Greetings 9:30- Coffee Talk (DR3) 10:00- Daily Chronicles (AR3) 11:00- Exercise w/ Leo 3:00- Friday Feature (AR2)	10:00- Daily Chronicles (Delivered) 1:00- Afternoon Popcorn (just outside the EC) 2:00- Residents Choice AR2 3:00- BINGO DR3 8:00- Houston Symphony Livestream (C3)
Seaster Sunday	Happy Birthday, Shirley Fletcher! 10 10:00- Daily Facts & Snacks (AR3) 10:30- Morning Walk 11:00- Exercise w/ Leo (EC) 1:30- Monday Manicures (by request) 2:30- Centenarian Celebration (EC) 3:00- Monday Matinee (AR2)	9:00- Morning Greetings 10:00- Mail Call 1:00- Travelogue With Rick Steves (AR2) 2:00- Houston Symphony Musicians (EC) 3:00- Bingo (DR3)	9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- "Higher Above Luncheon" w/ Live entertainer (in the Solarium) 1:30- Cooks Corner w/ Frances (DR3) 3:00- Afternoon Movie (AR2)	9:00- Morning Greetings 10:00- Morning Walk 10:45- Sing-a-Long (L) 1:00- 1:1 Visits w activity cart 2:00- Bowling (H3) 3:00- Speaker: Urologists (EC)	9:00- Morning Greetings 9:30- Coffee Talk (DR3) 10:00- Exercise w/ Leo (EC) 1:30- Afternoon High Tea DR3 3:00- Friday Feature (CH3 &	10:00- Daily Chronicles (Delivered) 1:00- Afternoon Popcorn (just outside the EC) 2:00- Residents Choice AR2 3:00- BINGO DR3 8:00- Houston Symphony Livestream (C3)
10:00- Sunday Devotions (delivered) 11:00- Sunday Songs (DR3) 1:00- Residents Choice (AR3) 3:00- Movie (AR2) 4:00- 1:1 Visits w/ activity cart.	10:00- Daily Facts & Snacks (AR3) 10:30- Morning Walk 1:30- Monday Manicures (by request) 2:00- BBB Education Foundation Speaker (preventing scams w a Bingo game and prizes to win!) (EC) 3:00- Monday Matinee (AR2)	9:00- Morning Greetings 10:00- Mail Call 1:00- Travelogue With Rick Steves (AR2) 2:00- Robert Flatt Photography (EC) 3:00- Bingo (DR3)	9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise w/ Leo (EC) 1:30- Sip & Paint (AR3) 3:00- Afternoon Movie (AR2)	9:00- Morning Greetings 10:00- Morning Walk 10:45- Sing-a-Long (L) 2:00- Bowling (H3) 3:00- Open Table Games	Happy Birthday, Paulette Freudenberger! 21 9:30- Coffee Talk (DR3) 10:00- Exercise w/ Frances (EC) 1:00- Mystery Bus Trip! 2:00- Friday Fun!- Stop by the Event Center and pick up your treat! (EC)	10:00- Daily Chronicles (Delivered) 1:00- Afternoon Popcorn (just outside the EC) 2:00- Residents Choice AR2 3:00- BINGO DR3 8:00- Houston Symphony Livestream (C3)
10:00- Sunday Devotions (delivered) 11:00- Sunday Songs (DR3) 1:00- Residents Choice (AR3) 3:00- Movie (AR2) 4:00- 1:1 Visits w/ activity cart.	10:00- Daily Facts & Snacks (AR3) 10:30- Morning Walk 1:30- Monday Manicures (by request) 2:00- Happy Hour Social- w/ live entertainment Curtis Nickelson.DR3 3:00- Trivia Hour (EC) 3:00- Monday Matinee (AR2)	9:00- Morning Greetings 10:00- Mail Call 1:00- Travelogue With Rick Steves (AR2) 2:00- Residents Choice (AR3) 3:00- Bingo (DR3)	9:00- Devotions (EC) 10:15- Catholic Communion (PR) 11:00- Exercise w/ Leo (EC) 3:00- Aroma & Lotion Therapy (PR) please let Lily know if you would like to reserve a spot. 3:00- Afternoon Movie (AR2) Administrative Professionals Day	9:00- Morning Greetings 10:00- Morning Walk 10:45- Sing-a-Long (L) 2:00- Bowling (H3) 3:00- Open Table Games 3:00- Town Hall w/ Scott (EC)	9:00- Morning Greetings 9:30- Coffee Talk (DR3) 10:00- Exercise w/ Frances (EC) 1:30- Music & Memory (AR2) 3:00- Friday Feature (CH3 & AR2)	10:00- Daily Chronicles (Delivered) 1:00- Afternoon Popcorn (just outside the EC) 2:00- Residents Choice AR2 8:00- Houston Symphony Livestream (C3)
10:00- Sunday Devotions (delivered) 1:00- Residents Choice (AR3) 3:00- Movie (AR2)						

Brazos Tower at Bayou Manor: Assisted Living Calendar. Activity Coordinator's: Lily & Sharon EXT:3802

APRIL 2023 • MEMORY CARE Activities Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April	2023	3		9:30 Relaxation on the patio 10:00 ME TV retro Saturday morning entertainment 1:00 One/one visits with walks 1:30 Story with Sharon and conversation 3:00 Snack - Activity Room open Puzzles & Coloring April Fools' Day
10:00 St. Luke's Methodist channel 61 (LR) 1:30 Patio and 1/1 visits "A time to relax and smooze" 3:30 Sunday Devotion & music Our guests Margaret Desmond & Dr. Buford Nichols 4:30 Wind down to dinner group Palm Sunday	9:30 Relaxation on the patio 10:00 1/1 visits 10:30 ME tv, retro old tv show 1:00 Chronicle & stimulation packet 1:30 Flower Arranging 2:00 Play Ball 3:00 Let the Games begin 4:30 Music appreciation	9:45 Patio - Enjoy the day 10:00 Light & Lively stretch 10:30 1/1 visits & walks 11:00 Men's table games 1:00 Cornhole 2:00 Houston Symphony Musicians (EC) 3:15 Refreshment Activity Room & Let the games begin	9:15 Morning greetings daily daily chronicle delivered 10:00 Therapy dog visits "Zoe" 10:30 ME TV, retro old TV shows 2:00 Puzzles, creative coloring 3:00 Afternoon hydration/refreshment 3:00 Afternoon movie matinee Passover Begins	9:45 Morning Greetings with delivery, daily chronicle 10:30 Brain stimulation packet 11:00 ME TV retro old tv shows 1:00 1/1 visit 3:00 Afternoon refreshment 4:00 TV Movie and unwind before dinner	9:45 Morning Greetings with delivery dialy chronicle 10:00 1/1 visits 11:00 TV - The Wild West channel 91 1:00 1/1 visits 3:00 Afternoon refreshment Activity room open 4:00 Afternoon movie	7 9:30 Relaxation on the patio 10:00 ME TV retro Saturday morning entertainment 1:00 One/one visits with walks 1:30 Story with Sharon and conversation 3:00 Snack - Activity Room open Puzzles & Coloring 4:30 Wind down to dinner - Music
10:00 St. Luke's Methodist channel 61 (LR) 1:30 Patio and 1/1 visits "A time to relax and smooze" 3:30 Sunday Devotion & music Our guests Margaret Desmond & Dr. Buford Nichols 4:30 Wind down to dinner group Easter Sunday	9:30 Relaxation on the patio 10:00 1/1 visits 10:30 ME tv, retro old tv show 1:00 Chronicle & stimulation packet 1:30 Nice to chat & reminence 2:00 Let's Bake & hydrate 3:00 Let the Games begin 4:30 Music appreciation	9:45 Patio - Enjoy the day 10:00 Light & Lively stretch 10:30 1/1 visits & walks 11:00 Men's table games 1:00 Dominoes in activity room 2:00 Houston Symphony Musicians (EC) 3:00 Afternoon refreshment 3:15 Let the Games begin	9:15 Morning greetings daily daily chronicle delivered 10:45 Higher Above Luncheon Entertainment: Linda Wright "Magic of Music" begins at 11:00 AM 2:00 Puzzles, creative coloring 3:00 Afternoon hydration/refreshment 3:00 Afternoon movie matinee	daily chronicle delivered 10:00 1/1 visits	9:45 Morning Greetings with delivery dialy chronicle 10:00 1/1 visits 11:00 TV - The Wild West channel 91 1:00 1/1 visits 3:00 Afternoon refreshment Activity room open 4:00 Afternoon movie	9:30 Relaxation on the patio 10:00 ME TV retro Saturday morning entertainment 1:00 One/one visits with walks 1:30 Story with Sharon and conversation 3:00 Snack - Activity Room open Puzzles & Coloring 4:30 Wind down to dinner - Music
10:00 St. Luke's Methodist channel 61 (LR) 1:30 Patio and 1/1 visits "A time to relax and smooze" 3:30 Sunday Devotion & music Our guests Margaret Desmond & Dr. Buford Nichols 4:30 Wind down to dinner group	9:30 Relaxation on the patio 17 10:00 1/1 visits 10:30 ME TV retro old show 1:00 Chronicle & stimulation packet 2:00 Ball Toss 3:00 Afternoon refreshment Puzzles, Sensory, Coloring & more Resident's Choice	9:45 Patio: Let's plant to watch 8 it grow 11:00 1/1 & walks 1:00 Travelogue Rick Steves (AC2) 2:00 Arts & Crafts 3:00 Afternoon refreshment Activity Room Let the fun begin!!! 4:30 Wind down to dinner - Chat in the living room	daily chronicle delivered 10:00 Therapy dog visits "Zoe" 10:30 ME TV, retro old TV shows 2:00 Puzzles,creative coloring 3:00 Afternoon hydration/ refreshment	9:15 Morning greetings daily daily chronicle delivered 10:00 1/1 visits 10:30 ME TV, retro old TV shows 2:00 Puzzles, creative coloring 3:00 Afternoon hydration/refreshment 3:00 Afternoon movie matinee	9:45 Morning Greetings with delivery dialy chronicle 10:00 1/1 visits 11:00 TV - The Wild West channel 91 1:00 1/1 visits 3:00 Afternoon refreshment Activity room open 4:00 Afternoon movie	9:30 Relaxation on the patio 10:00 ME TV retro Saturday morning entertainment 1:00 One/one visits with walks 1:30 Story with Sharon and conversation 3:00 Snack - Activity Room open puzzles & coloring 4:30 Wind down to dinner - Music
10:00 St. Luke's Methodist channel 61 (LR) 1:30 Patio and 1/1 visits "A time to relax and smooze" 3:30 Sunday Devotion & music Our guests Margaret Desmond & Dr. Buford Nichols 4:30 Wind down to dinner group	9:30 Relaxation on the patio 10:00 1/1 visits 10:30 ME TV retro old show 1:00 Chronicle & stimulation 2:00 Happy Hour Social w/ Curtis Nickolson 3:00 Afternoon refreshment Puzzles, Sensory, Coloring & more Resident's Choice	9:45 Patio - Enjoy the day 10:00 Light & Lively stretch 10:30 1/1 visits & walks 11:00 Men's table games before Lunch 1:00 Travelogue Rick Steves (AC2) 3:00 Afternoon refreshment Activity Room Let the Fun Begin Puzzles, Sort & Fold & Coloring	9:15 Morning greetings daily daily chronicle delivered 10:00 Therapy dog visits "Zoe" 10:30 ME TV, retro old TV shows 2:00 Puzzles, creative coloring 3:00 Afternoon hydration/refreshment 3:00 Afternoon movie matinee Administrative Professionals Day	9:15 Morning greetings daily daily chronicle delivered 10:00 1/1 visits 10:30 ME TV, retro old TV shows 2:00 Puzzles, creative coloring 3:00 Afternoon hydration/ refreshment 3:00 Afternoon movie matinee	9:45 Morning Greetings with delivery dialy chronicle 10:00 1/1 visits 11:00 TV - The Wild West channel 91 1:00 1/1 visits 3:00 Afternoon refreshment Activity room open 4:00 Afternoon movie Arbor Day	9:30 Relaxation on the patio 10:00 ME TV retro Saturday morning entertainment 1:00 One/one visits with walks 1:30 Story with Sharon and conversation 3:00 Snack - Activity Room open puzzles & coloring 4:30 Wind down to dinner - Music
10:00 St. Luke's Methodist channel 61 (LR) 1:30 Patio and 1/1 visits "A time to relax and smooze" 3:30 Sunday Devotion & music Our guests Margaret Desmond & Dr. Buford Nichols 4:30 Wind down to dinner group						

Brazos Tower at Bayou Manor - Memory Care Activity Coordinator's are Lily & Sharon Ext 3802