







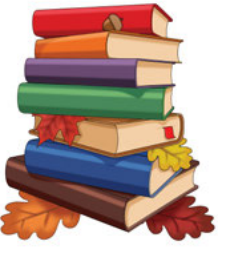
NOVEMBER 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off) B - Bistro</p>	<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>1 All Saints' Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Walgreens Senior Day</p>	<p>2</p> <p>9:00 Devotions (EC) The Rev. Dr. Wilson Boots BTBM</p> <p>9:45 Early Voting Bus Trip NRG Stadium</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula</p> <p>1:15 Rice Lecture Series</p> <p>1:30 Character of Faith Biblical Studies</p>	<p>3</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) "Favorites" w/ Louise Frowe</p> <p>7:00 Classic Movie Night (EC & C3) "The Music Man"</p>	<p>4 Mr. Cub Day – On November 4, 1959, Cubs shortstop Ernie Banks earned his second consecutive National League MVP award.</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>10:45 Walk Down the Bayou with Friends (meet in the main lobby)</p> <p>12:45 Catholic Charity Guild Resale Shop Benefiting Houston's Children in Need</p>	<p>5 Don't forget to set your clocks back one hour tonight!</p> <p>10:00 Card Craft (Craft Rm)</p> <p>10:00 Memorial Service for Susie Pearson (EC)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>6 Daylight Savings Time Ends</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>1:15 Rice Shepherd School of Music—Morrison Theater Opera Performance—Kurt Weill's Street Scene</p>	<p>7</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>1:00 Line Dance w/ Gayle (AR)</p> <p>1:00 Brazos Needle Group (L)</p> <p>TBD To the Movies AMC at the Fountains "Ticket to Paradise"</p> <p>7:00 BTBM Book Club (7W) <i>Raphael, Painter in Rome</i> By Stephanie Storey Led by Skip Britton</p>	<p>8 Election Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Pam Gates, MFAH Speaker "Picasso" (EC)</p> <p>3:30 Aroma & Lotion Therapy (PR)</p>	<p>9</p> <p>9:00 Devotions (EC) The Reverend Laura Mayo Covenant BC</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula</p> <p>1:00 J's Treat: MFAH</p> <p>1:15 Rice Lecture Series</p> <p>1:30 Character of Faith Biblical Studies</p>	<p>10</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Brunch at Buffalo Grille</p> <p>3:00 Day of Remembrance (EC)</p> 	<p>11 Veteran's Day</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>10:45 Walk Down the Bayou with Friends (meet in the main lobby)</p> <p>11:30 Grillin' with Scott & Jim Hamburgers & Hot Dogs</p> <p>3:00 Sing-a-Long (L) "Patriotic Songs" w/ Ginny Croft</p>	<p>12</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (C3) Live from Jones Hall</p>
<p>13 World Kindness Day</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>2:00 Cook's Corner (7W) Chocolate Dipped Strawberries</p>	<p>14</p> <p>10:00 Exercise via video (C3 today)</p> <p>1:00 Line Dance w/ Gayle (AR)</p> <p>1:00 Brazos Needle Group (L)</p> <p>3:00 BTBM Senior Follies (EC) 1st Performance</p> <p>7:15 BTBM Senior Follies (EC) 2nd Performance</p>	<p>15 Georgia O'Keeffe Day American artist Georgia O'Keeffe was born on this day in 1887.</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Memorial Service for Margaret Parker (EC)</p>	<p>16</p> <p>9:00 Devotions (EC) The Rev. Omar Rouchon St. Philip Presbyterian</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula</p> <p>1:15 Rice Lecture Series</p> <p>1:30 Character of Faith Biblical Studies (L)</p>	<p>17 World Peace Day – People demonstrate their desire for world peace today by driving with their headlights on or wearing white ribbons.</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) w/ Ava Laing</p> <p>2:00 Third Thursday w/ Guest facilitators, Chaplain Charles & Frances Davenport (7W)</p> <p>5:00 November B-day Dinner (Lounge)</p>	<p>18</p> <p>10:00 Exercise via video (C3 today)</p> <p>10 AM—2 PM Sugar Plum Market (EC)</p>  <p>3:00 Shabbat Service (7W)</p>	<p>19</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Afternoon Popcorn Just outside the Event Center</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p> <p>8:00 Houston Symphony Livestream (C3) Live from Jones Hall</p>
<p>20 Bible Study Sunday</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>1:30 Houston Symphony "Brahms 3"</p> <p>3:00 Wine & Music with Louise Frowe at the piano (L)</p>	<p>21</p> <p>9:30 Lanier Theological Library Docent led tour & Lunch TBD</p> <p>10:00 Exercise via video (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p>	<p>22</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>3:30 Party at the Pool Table Open to everyone! Light refreshments</p> <p>7:00 Hayden Jones, Live in Concert (EC)</p>	<p>23</p> <p>9:00 Devotions (EC) Emory Glover, BTBM w/ Holy Communion</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula</p> <p>1:30 Character of Faith Biblical Studies (L)</p> <p>3:00 Town Hall w/ Scott Perlman (pre-recorded) (EC&C3)</p> <p>7:00 Movie Group 1st Showing (C3 only)</p>	<p>24 Thanksgiving Day</p> <p>Thanksgiving Buffet</p> <p>11:30—1:30 PM</p> 	<p>25</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>10:45 Walk Down the Bayou with Friends (meet in the main lobby)</p> <p>2:00 Friday Feature (C3 only) "The Misfits" Starring Clark Gable & Marilyn Monroe</p>	<p>26</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1-5 PM Jewelry Show with Sandra (PVD)</p> <p>1:00 Afternoon Popcorn</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>2:00 Movie Group 2nd Showing (C3 only)</p> <p>3:00-6:00 Private Event (EC)</p> <p>7:00 Bingo (EC)</p>
<p>27 Pins and Needles Day – Are you waiting on pins and needles to find out why November 27 is Pins and Needles Day? It has nothing to do with the stinging sensation that creeps back into your hands or feet after they have "fallen asleep." It is in commemoration of the musical revue <i>Pins and Needles</i>, a show that debuted in New York City on November 27, 1937.</p> <p>11:30—1:30 Sunday Brunch</p>	<p>28</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Meyerland Shopping</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>7:00 Movie Group Meet Up (Sol)</p>	<p>29</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Tuesday Theater (EC&C3) "Bertie & Elizabeth" The story of King George VI & Queen Elizabeth</p>	<p>30</p> <p>9:00 Devotions (EC) The Rev. Margaret Desmond, BTBM</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula</p> <p>1:30 Character of Faith Biblical Studies (L)</p> <p>1:30 Houston Museum of Natural Science</p>	<p>November 2022</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>		

NOVEMBER 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>AR2- Activity Room 2nd floor AR3- Activity Room 3rd floor DR3- Dining Room 3rd floor PR- Prayer Room EC- Event Center CH3- Channel 3</p> <p><i>*Activities are subject to change.</i></p> 		<p>9:00- Morning Greetings 1 11:00- Residents Council Meeting! AR3 1:00- Puzzles and Crosswords AR3 2:00- Lotion Therapy (in rooms) 3:00- BINGO DR3 4:30- Seated Exercise DR3</p>	<p>9:00- Devotions EC 2 10:00- Coffee Cart in rooms 10:15- Catholic Communion PR 2:30- Thanksgiving Craft Corner AR3 3:00- Movie AR2</p>	<p>9:00- Morning Greetings 3 10:00- Stimulation packets 10:45- Sing-a-long "favorites" (L) 2:00- Room Visits & Virtual Reality 3:00- Rolling w/ activities 7:00- Classic Movie Night (CH3) "The Music Man"</p>	<p>9:00- Morning Greetings 4 10:00- Coffee Cart in rooms 11:30- Daily Chronicles Delivered 2:30- Let's Get Pickled! AR2 3:00- Movie AR2</p>	<p>10:00- Daily Chronicles in AR3 5 1:00- Popcorn (just outside the EC) 2:00- Residents Choice AR3 3:00- BINGO w/Sharon</p> <p>Don't forget to set you clocks back one hour tonight!</p>	
<p>10:00- Pick up Sunday Devotions AR3 6 2:30- Sunday sing-a-long w. Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits w. Sharon</p> <p>Daylight Saving Time Ends</p>	<p>9:00- Morning Greetings 7 11:00- Sunshine Club AR3 1:00- Room Visits 2:30- Armchair Travel (Belgium) 3:00- Monday Matinee AR2 4:00- Rolling w/ activities</p>	<p>9:00- Morning Greetings 8 11:00- Thank you cards for our Veterans DR3 1:00- Puzzles and Crosswords AR3 2:30- November Birthday's celebration! DR3 3:00- BINGO DR3 4:30- Seated Exercise DR3</p>	<p>9:00- Devotions EC 9 10:00- Coffee Cart in rooms 10:15- Catholic Communion PR 2:00- Cooks Corner; an autumn treat DR3 2:30- 'Remember When..' DR3 3:00- Movie AR2</p>	<p>9:00- Morning Greetings 10 10:00- Stimulation packets 10:45- Morning walk 2:00- Room Visits & Virtual Reality 3:00- Day of Remembrance (EC)</p>	<p>9:00- Morning Greetings 11 10:00- Coffee Cart in rooms 11:30- Daily Chronicles Delivered 11:30- Grillin' w Scott (B) 2:00- Table Top Games AR3 3:00- Sing-a Long "Patriotic Songs" (L)</p> <p>Veterans Day</p>	<p>10:00- Daily Chronicles in AR3 12 1:00- Popcorn (just outside the EC) 2:00- Residents Choice AR3 3:00- BINGO w/Sharon</p>	
<p>10:00- Pick up Sunday Devotions AR3 13 2:30- Sunday sing-a-long w. Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits w. Sharon</p>	<p>9:00- Morning Greetings 14 11:00- Sunshine Club AR3 1:00- Room Visits 2:00- Guess the pie contest DR3 3:00- Monday Matinee AR2 4:00- Rolling w/ activities 7:15- BRBM Senior Follies (EC)</p>	<p>9:00- Morning Greetings 15 11:00- Daily Chronicles Delivered 1:00- Puzzles and Crosswords AR3 2:00- Turkey Hunting! DR3 3:00- BINGO DR3 4:30- Seated Exercise DR3</p>	<p>9:00- Devotions EC 16 10:00- Coffee Cart in rooms 10:15- Catholic Communion PR 2:00- Open table games AR3 2:30- Room visits 3:00- Movie AR2</p>	<p>9:00- Morning Greetings 17 10:00- Stimulation packets 10:45- Sing-a-long w Ava Lang (L) 2:00- Room Visits & Virtual Reality 3:00- Rolling w/ activities</p>	<p>10 AM- 2 PM-Sugar Plum Market (Event Center) 18 11:30 AM- 1:00PM- Thanksgiving Luncheon (Dining Room 3rd Floor)</p>	<p>10:00- Daily Chronicles in AR3 19 1:00- Popcorn (just outside the EC) 2:00- Residents Choice AR3 3:00- BINGO w/Sharon</p>	
<p>10:00- Pick up Sunday Devotions AR3 20 2:30- Sunday sing-a-long w. Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits w. Sharon</p>	<p>9:00- Morning Greetings 21 11:00- Sunshine Club AR3 1:00- Room Visits 2:30- Armchair Travel (Venice) 3:00- Monday Matinee AR2 4:00- Rolling w/ activities</p>	<p>9:00- Morning Greetings 22 1:00- Puzzles and Crosswords AR3 2:00- Room Visits 3:00- BINGO DR3 4:30- Seated Exercise DR3 7:00- Hayden Jones, live in concert (EC)</p>	<p>9:00- Devotions EC 23 10:00- Daily Chronicles available for pick-up 10:15- Catholic Communion PR 3:00- Town Hall w/Scott CH3 <i>*independent activities available on activity cart in AR3*</i></p> <p>Lily is off</p>	<p>24 Happy Thanksgiving Thanksgiving Day (US) Lily is off</p>	<p>11:30- Daily Chronicles available for pickup 25 2:00- Friday Feature (CH3) "The Misfits" <i>*independent activities available on activity cart in AR3*</i></p> <p>Lily is off</p>	<p>10:00- Daily Chronicles in AR3 26 1:00- Popcorn (just outside the EC) 2:00- Residents Choice AR3 3:00- BINGO w/Sharon</p>	
<p>10:00- Pick up Sunday Devotions AR3 27 2:30- Sunday sing-a-long w. Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits w. Sharon</p>	<p>9:00- Morning Greetings 28 11:00- Sunshine Club AR3 1:00- Room Visits 2:30- Reminisce group AR2 3:00- Monday Matinee AR2 4:00- Rolling w/ activities</p>	<p>9:00- Morning Greetings 29 1:00- Puzzles and Crosswords AR3 2:00- Happy Hour W/ Curtis Nickelson, Live in Concert! DR3 3:00- BINGO DR3 4:30- Seated Exercise DR3</p>	<p>9:00- Devotions EC 30 10:00- Coffee Cart in rooms 10:15- Catholic Communion PR 2:00- Open table games AR3 2:30- Room visits 3:00- Movie AR2</p>				

NOVEMBER 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		9:00- Morning Greetings 1 9:45- Daily Chronicles delivered 10:00- Noodle Ball Exercise 10:30- Sing-a-long w. Sharon AR2 11:00- Table Games AR2 2:00- Sort Items (Sensory) 4:30- Sensory Stations	9:00- Morning Greetings 2 9:45- Daily Chronicles delivered 1:00- Room visits 2:00- Rollin w. activities 3:00- Snack Social AR2 4:00- Movie DR2	9:00- Morning Greetings 3 9:45- Daily Chronicles delivered 10:00- Virtual Reality 10:45- Music & Memory 1:30- Relaxation on the patio 3:00- Residents Choice AR2	9:00- Morning Greetings 4 9:45- Daily Chronicles delivered 10:00- Move to Music AR2 10:30- Refreshment Cart 1:00- 1:1 Visits 3:00- Movie DR2	9:45- Daily Chronicles DR2 5 1:30- Noodle Ball DR2 2:00- Music (residents choice) 2:30- Table games AR2 4:30- 1:1 Visits	
10:00- Sunday Songs AR2 6 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits Daylight Saving Time Ends	9:00- Morning Greetings 7 9:45- Daily Chronicles delivered 10:00- Short Stories AR2 2:15- Chair Exercise AR2 2:30- Armchair travel AR2 3:30- Craft Corner (make collages of fav. things) AR2 6:00- Movie Matinee DR2	9:00- Morning Greetings 8 9:45- Daily Chronicles delivered 10:00- Noodle Ball Exercise 10:30- Sing-a-long w. Sharon AR2 11:00- Table Games AR2 2:00- Roll yarn 4:30- Sensory Stations	9:00- Morning Greetings 9 9:45- Daily Chronicles delivered 1:00- Room visits 2:00- Rollin w. activities 3:00- Snack Social AR2 4:00- Movie DR2	9:00- Morning Greetings 10 9:45- Daily Chronicles delivered 10:00- Virtual Reality 10:45- Music & Memory 1:30- Relaxation on the patio 3:00- Residents Choice AR2	9:00- Morning Greetings 11 10:00- Move to Music AR2 10:45- Sing-a-long (L) 10:30- Refreshment Cart 1:00- 1:1 Visits 3:00- Movie DR21 Veterans Day Remembrance Day (Canada)	9:45- Daily Chronicles DR2 12 1:30- Noodle Ball DR2 2:00- Music (residents choice) 2:30- Table games AR2 4:30- 1:1 Visits	
10:00- Sunday Songs AR2 13 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 14 9:45- Daily Chronicles delivered 10:00- Short Stories AR2 2:15- Chair Exercise AR2 2:30- Armchair travel AR2 3:30- Craft Corner (coffee filter Turkey) AR2 6:00- Movie Matinee DR2	9:00- Morning Greetings 15 9:45- Daily Chronicles delivered 10:00- Noodle Ball Exercise 10:30- Sing-a-long w. Sharon AR2 11:00- Table Games AR2 2:00- Fold clothes 4:30- Sensory Stations	9:00- Morning Greetings 16 9:45- Daily Chronicles delivered 1:00- Room visits 2:00- Rollin w. activities 3:00- Snack Social AR2 4:00- Movie DR2	9:00- Morning Greetings 17 9:45- Daily Chronicles delivered 10:00- Virtual Reality 10:45- Music & Memory 1:30- Relaxation on the patio 3:00- Residents Choice AR2	10 AM- 2 PM-Sugar Plum Market (Event Center) 18 11:30 AM- 1:00PM Thanksgiving Luncheon (Dining Room 2nd Floor)	9:45- Daily Chronicles DR2 19 1:30- Noodle Ball DR2 2:00- Music (residents choice) 2:30- Table games AR2 4:30- 1:1 Visits	
10:00- Sunday Songs AR2 20 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 21 9:45- Daily Chronicles delivered 10:00- Short Stories AR2 2:15- Chair Exercise AR2 2:30- Armchair travel AR2 3:30- Craft Corner (String fruit loops) AR2 6:00- Movie Matinee DR2	9:00- Morning Greetings 22 9:45- Daily Chronicles delivered 10:00- Noodle Ball Exercise 10:30- Sing-a-long w. Sharon AR2 11:00- Table Games AR2 2:00- Lotion therapy 4:30- Sensory Stations	23  * Staff led activities * Lily is off	24  Happy Thanksgiving Thanksgiving Day (US) Lily is off	* Staff led activities * 25  Lily is off	9:45- Daily Chronicles DR2 26 1:30- Noodle Ball DR2 2:00- Music (residents choice) 2:30- Table games AR2 4:30- 1:1 Visits	
10:00- Sunday Songs AR2 27 1:30- Devotional Reading w Sharon AR2 2:00- BINGO AR2 4:30- 1:1 Visits	9:00- Morning Greetings 28 9:45- Daily Chronicles delivered 10:00- Short Stories AR2 2:15- Chair Exercise AR2 2:30- Armchair travel AR2 3:30- Craft Corner (Paint) AR2 6:00- Movie Matinee DR2	9:00- Morning Greetings 29 9:45- Daily Chronicles delivered 10:00- Noodle Ball Exercise 10:30- Sing-a-long w. Sharon AR2 11:00- Table Games AR2 2:00- Happy Hour W/ Curtis Nickelson, Live in Concert! DR3 4:30- Sensory Stations	9:00- Morning Greetings 30 9:45- Daily Chronicles delivered 1:00- Room visits 2:00- Rollin w. activities 3:00- Snack Social AR2 4:00- Movie DR2	<h1>November 2022</h1>			