

AUGUST 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off) B - Bistro</p>	<p>1 Twist Day – On this day in 1960, Chubby Checker's "The Twist" was released. We can dance the twist during our exercise class today.</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>2:15 AMC at The Fountains "Elvis"</p>	<p>2</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Ice Cream Social w/ The King's Men Barbershop Chorus (EC)</p> <p>3:30 Walgreens Senior Day</p>	<p>3 Nat'l Watermelon Day</p> <p>9:00 Devotions (EC) The Rev. Charles O'Bryant</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula Character of Faith Biblical Studies (AR)</p> <p>3:00 Website Instruction with Jerry McGauhey (EC)</p> <p>7:00 Watermelon Seed Spitting Contest (Back yard)</p>	<p>4</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) w/ Ginny Croft & Anne Brown</p> <p>7:00 Classic Movie Night (EC & C3) <i>Rodgers & Hammerstein's "South Pacific"</i></p>	<p>5</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>11:00 Weslayan Plaza Shopping Trip (Residents Choice: Michaels, Bering's, Home Goods, Randall's)</p>	<p>6</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>7 Campfire Day</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p>	<p>8</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>7:00 BTBM Book Club (7W) Planning Meeting for the remainder of 2022 and 2023</p>	<p>9 Book Lovers Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>1:30 Shop at Trader Joes</p>	<p>10 Nat'l S'mores Day</p> <p>9:00 Devotions (EC) Rev. Trisha Taylor, Willow Meadows</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula Character of Faith Biblical Studies (AR)</p> <p>6:30 AD Players <i>"The Sound of Music"</i></p>	<p>11</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:45 Sing-a-Long (L) "Happy Songs" with Ava Laing</p> <p>2:00 Thursday Theatre (EC&C3) "Quiz Show" <i>Starring Robert Redford</i></p>	<p>12</p> <p>9:00 Coffee Talk w/ Kathy (B)</p> <p>10:00 Exercise w/ Virginia (EC)</p> <p>Sorry, No Grillin' Today!</p> <p>2 PM Hobby Lobby Bus Trip</p>	<p>13</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>14</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p>	<p>15 Relaxation Day</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>2:00 Monday Matinee <i>"A Beautiful Day in the Neighborhood"</i> <i>Starring Tom Hanks</i></p>	<p>16</p> <p>10:00 Exercise w/ Leo (AR)</p> <p>10:30 Kroger Grocery</p> <p>3:30 Party at the Pool Table Open to everyone! Light refreshments.</p> <p>7:00 Sinatra at Sunset w/ David (vocals) & Philp, (piano) Live entertainment in the Event Center</p>	<p>17</p> <p>9:00 Devotions (EC) The Rev. Mary Currie Holy Communion</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>11:00 Chair Massages w/ Adam</p> <p>1:00 Water Exercise w/ Paula Character of Faith Biblical Studies</p> <p>1:30 Aroma & Lotion Therapy (PR) Please sign up in the Excursion Book!</p> <p>5:30 Candlelight Dinner</p>	<p>18</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:45 Sing-a-Long (L) "Favorites" with Louise Frowe</p> <p>2:00 Third Thursday w/ Margaret Desmond (7W)</p> <p>5:00 August Birthday Dinner (EC)</p>	<p>19 Nat'l Potato Day</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>11:15 Monthly Lunch Bunch <i>Kim Son Cafe in the Village</i> Vietnamese & Chinese Creations Since 1982</p> <p>3:00 Shabbat Service (7W)</p>	<p>20 Nat'l Radio Day</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Canasta (Lounge)</p> <p>1:30 Alley Theatre "Clue"</p> <p>2:00 Needlework (3rd Floor)</p> <p>7:00 Bingo (EC)</p>
<p>21</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p> <p>3:00 Wine & Music with Louise Frowe at the piano (Lounge)</p>	<p>22</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>11:00 Meyer Park Shopping Trip Residents Choice—Dollar Tree, Kohl's Burlington, or Randall's</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p>	<p>23 Ride the Wind Day</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Speaker: Jeff Peters Update on Braes Bayou & The Willow Water Hole</p>	<p>24</p> <p>9:00 Devotions (EC) The Rev. Lisa Calloway, St Phillip's UMC</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>1:00 Water Exercise w/ Paula Character of Faith Biblical Studies</p> <p>3:00 Ingrid Moeller Music Therapist (EC)</p> <p>7:00 BTBM Movie Group (EC & C3) 1st Showing: <i>Movie TBA</i></p>	<p>25</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>1:30 Aroma & Lotion Therapy (PR) Please sign up in the Excursion Book!</p> <p>3:00 Town Hall Meeting (Live in the EC)</p> <p>5:45 BTBM Dinner Night Out <i>Houston's on Kirby Dr.</i></p>	<p>26 Nat'l Dog Day</p> <p>9:00 Coffee Talk w/ Frances (B)</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>10:00 Episcopal Worship with The Reverend David Goldberg (AR)</p> <p>2:00 Speaker: Debbie Dickinson <i>"Lerner and Loewe"</i></p>	<p>27</p> <p>10:00 Card Craft (Craft Rm)</p> <p>1:00 Canasta (Lounge)</p> <p>2:00 BTBM Movie Group (EC & C3) 2nd Showing: <i>Movie TBA</i></p> <p>7:00 Bingo (EC)</p>
<p>28</p> <p>11:30—1:30 Sunday Brunch</p> <p>2:00 BTBM Movie Group Discussion Meeting (Sol)</p>	<p>29 Int'l Bat Night</p> <p>10:00 Exercise w/ Frances (EC)</p> <p>11:00 Costco Bus Trip</p> <p>1:00 Line Dance w/ Gayle (EC)</p> <p>1:00 Brazos Needle Group (L)</p> <p>3:00 Liar's Club (EC)</p> <p>TBA Bat Visit on Waugh Drive <i>(At Sunset)</i></p>	<p>30</p> <p>10:00 Exercise w/ Leo (EC)</p> <p>10:30 Kroger Grocery</p> <p>2:00 Speaker: Pam Gates, MFAH "Picasso"</p>	<p>31</p> <p>9:00 Devotions (EC) The Rev. Jim Gill, St. Andrew's</p> <p>10:15 Catholic Communion (PR)</p> <p>11:00 Exercise w/ Leo (EC)</p> <p>11:00 Chair Massages w/ Adam</p> <p>1:00 Water Exercise w/ Paula Character of Faith Biblical Studies</p> <p>3:00 Website Instruction with Jerry McGauhey(EC)</p>	<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	 <p>August 2022</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>	

AUGUST 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00- Sunday Devotional (Pickup AR3) 2:30- Sunday Sing a Long w Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits</p>	<p>9:00- Morning Visits 1 10:45- Coffee Talk EC 1:00- EZ Does It/Daily Chronicles 2:00- Manicures & Mimosas AR3 3:00- Movie DR3</p>	<p>9:00- Daily Chronicles 2 Delivered 11:00- Resident Council AR3 2:00- Ice Cream Social w/ The King's Men Barbershop Chorus (EC) 4:30- Sit & Be Fit (DR3)</p>	<p>9:00- Devotions EC 3 10:15 Catholic Communion (PR) 1:30- Library Travel Club (Meet DR3) 2:00- Craft Corner AR3 3:00- Movie DR3</p>	<p>9:00- Morning Visits 4 10:00- Daily Chronicles 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart Room to Room</p>	<p>9:00- Morning Visits 5 10:00- Daily Chronicles 2:00- Games Galore AR3 3:00- Movie & Popcorn!</p>	<p>10:00- Daily Chronicles 6 (pickup AR3) 11:00- Independent Puzzles AR3 2:00- 1:1 Visits 3:00- BINGO DR3</p>
<p>10:00- Sunday Devotional 7 (Pickup AR3) 2:30- Sunday Sing a Long w Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits</p>	<p>9:00- Morning Visits 8 10:45- Coffee Talk AR3 1:00- Brain Booster (pickup in AR3) 2:00- 1-1 Visits 3:00- Movie DR3</p>	<p>9:00- Daily Chronicles 9 Delivered 11:00- Chit Chat w/ Chaplin Charles DR3 2:00- Residents Choice 3:00- BINGO DR3 4:30- Sit & Be Fit DR3</p>	<p>9:00- Devotions EC 10 10:15 Catholic Communion (PR) 1:30- Library Travel Club (Meet DR3) 2:00- Cooks Corner AR3 3:00- Movie DR3</p>	<p>9:00- Morning Visits 11 10:00- Daily Chronicles 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:00- Thursday Theatre "Quiz Show" EC CH3 2:30- Hydration Cart Room to Room</p>	<p>9:00- Morning Visits 12 10:00- Daily Chronicles 2:00- Fresh Face Friday! (facials) AR3 3:00- Movie & Popcorn!</p>	<p>10:00- Daily Chronicles 13 (pickup AR3) 11:00- Independent Puzzles AR3 2:00- 1:1 Visits 3:00- BINGO DR3</p>
<p>10:00- Sunday Devotional 14 (Pickup AR3) 2:30- Sunday Sing a Long w Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits</p>	<p>9:00- Morning Visits 15 10:45- Coffee & News 1:00- EZ Does It/Daily Chronicles 2:00- 1-1 Visits 2:00- Monday Matinee "A Beautiful Day in the Neighborhood" (EC)</p>	<p>9:00- Daily Chronicles 16 Delivered 11:00- Chit Chat w/ Chaplin Charles DR3 2:00- Residents Choice 3:00- BINGO DR3 4:30- Sit & Be Fit DR3 7:00- Sinatra at Sunset EC</p>	<p>9:00- Devotions EC 17 10:15 Catholic Communion (PR) 1:30- Library Travel Club (Meet DR3) 3:00- Movie DR3 6:00- Candlelight Dinner</p>	<p>9:00- Morning Visits 18 10:00- Daily Chronicles 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart Room to Room 5:00- August Birthday Dinner EC</p>	<p>9:00- Morning Visits 19 10:00- Daily Chronicles 2:00- Games Galore AR3 3:00- Movie & Popcorn!</p>	<p>10:00- Daily Chronicles 20 (pickup AR3) 11:00- Independent Puzzles AR3 2:00- 1:1 Visits 3:00- BINGO DR3</p>
<p>10:00- Sunday Devotional 21 (Pickup AR3) 2:30- Sunday Sing a Long w Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits</p>	<p>9:00- Morning Visits 22 10:45- Coffee Talk AR3 1:00- Brain Booster (pickup in AR3) 2:00- 1-1 Visits 3:00- Movie DR3</p>	<p>9:00- Daily Chronicles 23 Delivered 11:00- Chit Chat w/ Chaplin Charles DR3 2:00- Residents Choice 3:00- BINGO DR3 4:30- Sit & Be Fit DR3</p>	<p>9:00- Devotions EC 24 10:15 Catholic Communion (PR) 1:30- Library Travel Club (Meet DR3) 2:00- Craft Corner AR3 3:00- Ingrid Moeller Music Therapist EC</p>	<p>9:00- Morning Visits 25 10:00- Daily Chronicles 10:45- Sing-a-Long (L) 11:00- Morning Walk 2:30- Hydration Cart Room to Room 3:00- Town Hall Meeting EC</p>	<p>9:00- Morning Visits 26 10:00- Daily Chronicles 1:00- BUS TRIP to "The Loop" (Dessert) 3:00- Movie & Popcorn!</p>	<p>10:00- Daily Chronicles 27 (pickup AR3) 11:00- Independent Puzzles AR3 2:00- 1:1 Visits 3:00- BINGO DR3</p>
<p>10:00- Sunday Devotional 28 (Pickup AR3) 2:30- Sunday Sing a Long w Sharon AR3 3:00- Movie DR3 4:30- 1:1 Visits</p>	<p>9:00- Morning Visits 29 10:45- Coffee & News 1:00- EZ Does It/Daily Chronicles 2:00- 1-1 Visits 3:00- Movie DR3</p>	<p>9:00- Daily Chronicles 30 Delivered 11:00- Chit Chat w/ Chaplin Charles DR3 2:00- Speaker: Pam Gates "Picasso" 3:00- BINGO DR3 4:30- Sit & Be Fit DR3</p>	<p>9:00- Devotions EC 31 10:15 Catholic Communion (PR) 2:00- Music & Mocktails w/ Curtis Nickelson!! DR3 3:30- Movie DR3</p>	<h1>August 2022</h1>		

AUGUST 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- lunch DR2 1:30- Devotional Reading W/ Sharon 2:00- BINGO AR2 4:30- 1:1 Visits 5:00- Dinner DR2	8:30- Breakfast DR2 1 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Craft Corner AR2 5:00- Dinner DR2	8:30- Breakfast DR2 2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/ Sharon AR2 11:30- Lunch DR2 1:00- Table Games AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 3 9:00- Morning Visits 9:45- Daily Chronicles/Devotions AR2 11:30- Lunch DR2 2:00- 1:1 Visits 3:00- Social Circle/Snack Cart AR2 5:00- Dinner DR2	8:30- Breakfast DR2 4 9:45- Daily Chronicles AR2 10:00- Virtual Reality 11:30- Lunch DR2 2:00- Music & Memory 5:00- Dinner DR2	8:30- Breakfast DR2 5 9:00- Morning Visits 9:45- Daily Chronicles AR2 11:30- Lunch DR2 1:00- Ice Cream Social DR2 1:30 1:1 Visits 4:00- Movie 5:00- Dinner	8:30- Breakfast DR2 6 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2	
8:30- Breakfast DR2 7 10:00- Sunday Worship AR2 11:30- lunch DR2 1:30- Devotional Reading W/ Sharon 2:00- BINGO AR2 4:30- 1:1 Visits 5:00- Dinner DR2	8:30- Breakfast DR2 8 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Craft Corner AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/ Sharon AR2 11:30- Lunch DR2 1:00- Cooks Corner AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 10 9:00- Morning Visits 9:45- Daily Chronicles/Devotions AR2 11:30- Lunch DR2 2:00- 1:1 Visits 3:00- Social Circle/Snack Cart AR2 5:00- Dinner DR2	8:30- Breakfast DR2 11 9:45- Daily Chronicles AR2 10:00- Virtual Reality 11:30- Lunch DR2 2:00- Music & Memory 5:00- Dinner DR2	8:30- Breakfast DR2 12 9:00- Morning Visits 9:45- Daily Chronicles AR2 11:30- Lunch DR2 1:00- Ice Cream Social DR2 1:30 1:1 Visits 4:00- Movie 5:00- Dinner	8:30- Breakfast DR2 13 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2	
8:30- Breakfast DR2 14 10:00- Sunday Worship AR2 11:30- lunch DR2 1:30- Devotional Reading W/ Sharon 2:00- BINGO AR2 4:30- 1:1 Visits 5:00- Dinner DR2	8:30- Breakfast DR2 15 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Craft Corner AR2 5:00- Dinner DR2	8:30- Breakfast DR2 16 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/ Sharon AR2 11:30- Lunch DR2 1:00- Hand Massages AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 17 9:00- Morning Visits 9:45- Daily Chronicles/Devotions AR2 11:30- Lunch DR2 2:00- 1:1 Visits 3:00- Social Circle/Snack Cart AR2 5:00- Dinner DR2	8:30- Breakfast DR2 18 9:45- Daily Chronicles AR2 10:00- Virtual Reality 11:30- Lunch DR2 2:00- Music & Memory 5:00- Dinner DR2	8:30- Breakfast DR2 19 9:00- Morning Visits 9:45- Daily Chronicles AR2 11:30- Lunch DR2 1:00- Ice Cream Social DR2 1:30 1:1 Visits 4:00- Movie 5:00- Dinner	8:30- Breakfast DR2 20 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2	
8:30- Breakfast DR2 21 10:00- Sunday Worship AR2 11:30- lunch DR2 1:30- Devotional Reading W/ Sharon 2:00- BINGO AR2 4:30- 1:1 Visits 5:00- Dinner DR2	8:30- Breakfast DR2 22 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Craft Corner AR2 5:00- Dinner DR2	8:30- Breakfast DR2 23 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/ Sharon AR2 11:30- Lunch DR2 1:00- Table Games AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 24 9:00- Morning Visits 9:45- Daily Chronicles/Devotions AR2 11:30- Lunch DR2 2:00- 1:1 Visits 3:00- Social Circle/Snack Cart AR2 5:00- Dinner DR2	8:30- Breakfast DR2 25 9:45- Daily Chronicles AR2 10:00- Virtual Reality 11:30- Lunch DR2 2:00- Music & Memory 5:00- Dinner DR2	8:30- Breakfast DR2 26 9:00- Morning Visits 9:45- Daily Chronicles AR2 11:30- Lunch DR2 1:00- Ice Cream Social DR2 1:30 1:1 Visits 4:00- Movie 5:00- Dinner	8:30- Breakfast DR2 27 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2	
8:30- Breakfast DR2 28 10:00- Sunday Worship AR2 11:30- lunch DR2 1:30- Devotional Reading W/ Sharon 2:00- BINGO AR2 4:30- 1:1 Visits 5:00- Dinner DR2	8:30- Breakfast DR2 29 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Craft Corner AR2 5:00- Dinner DR2	8:30- Breakfast DR2 30 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/ Sharon AR2 11:30- Lunch DR2 1:00- Table Games AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 31 9:00- Morning Visits 9:45- Daily Chronicles/Devotions AR2 11:30- Lunch DR2 2:00- Music & Mocktails w/ Curtis Nickelson!! DR3 5:00- Dinner DR2	<h1>August 2022</h1>			