

JULY 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off)</p>	<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>July 2022</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p>		<p>1</p> <p>9:00 Coffee Talk w/ Frances (Bistro) 10:00 Exercise w/ Frances (EC)</p> <p>1 PM Visit the Rothko Chapel A space of reflection, community, and connection and The Menil Museum Stop for an ice cream at Amy's Ice Cream Shop after the visits</p>	<p>2</p> <p>10:00 Card Craft (Craft Rm) 11 AM Chair Massage with Stacy</p> <p>1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>3</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p>	<p>4 Independence Day</p> <p>Sorry, no exercise today!</p> <p>1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 4th of July Jubilee w/ Ginny Croft at the piano (Lounge) 4-7 PM 4th of July Bar Special</p>	<p>5</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:30 Walgreens Senior Day</p> <p>(Turner Construction in the Event Center from 10:30 AM—end of day)</p>	<p>6</p> <p>9:00 Devotions (EC) Rev. Emory Glover, "USA" 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (AR)</p>	<p>7</p> <p>10:00 Exercise w/ Leo (AR) 10:45 Sing-a-Long (L) "Favorites" with Louise Frowe 7:00 Classic Movie Night (EC & C3) Hello Dolly Starring Barbara Streisand & Walter Matthau</p>	<p>8</p> <p>9:00 Coffee Talk w/ Frances (Bistro) 10:00 Exercise w/ Frances (EC) 11:30 Grillin' with Scott & Jim Pick up in the Bistro! Afternoon Pie & Coffee House of Pies Taste the best pies in the city</p>	<p>9</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>10</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room)</p>	<p>11</p> <p>10:00 Exercise w/ Frances (EC) 11:15 Monthly Lunch Bunch Kenny & Ziggy's NY Deli 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 BTBM Book Club (7W) <i>Oil and marble: A Novel of Leonardo & Michelangelo</i> by Stephanie Storey</p>	<p>12</p> <p>10:00 Exercise w/ Leo (AR) 10:30 Caring Friends Meeting (SOL) 10:30 Kroger Grocery 2:00 Speaker: Dr. Debbie Dickinson "The Music of Rodgers & Hammerstein"</p>	<p>13</p> <p>9:00 Devotions (EC) Rev. Jim Harrington, "Faith" Willow Meadows Baptist 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11:00 Chair Massages w/ Adam 1:00 J's Treat: MFAH 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (AR)</p>	<p>14</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) "Happy Songs" with Ava Laing 1:30 Aroma & Lotion Therapy 10 minutes sessions w/ Frances (PR) Please sign up in the Excursion Book! 7:00 Resident's Association Meeting (Event Center) All residents are welcome and encouraged to attend!</p>	<p>15</p> <p>9:00 Coffee Talk w/ Frances (Bistro) 10:00 Exercise w/ Frances (EC) 2:00 Afternoon Ice Cream p/u just outside the Event Center 3:00 Shabbat Service (7W)</p>	<p>16</p> <p>10:00 Card Craft (Craft Rm) 11:00 Chair Massages w/ Stacy 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>17</p> <p>11:30—1:30 Sunday Brunch (Main Dining Room) 3:00 Wine & Music with Louise Frowe at the piano (Lounge)</p>	<p>18</p> <p>10:00 Exercise w/ Frances (EC) 11:00 Meyerland Shopping Trip Residents Choice—JC Penny, HEB, Target, Chicos, Talbott's, etc. 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 3:00 Monday Matinee (EC & C3) Larry Crowne Starring Tom Hanks & Julia Roberts Refreshingly funny & heartfelt</p>	<p>19</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Speaker: Pam Gates, MFAH "The British Royals" (EC) 4:00 Party at the Pool Table Open to everyone! Lessons available</p>	<p>20</p> <p>9:00 Devotions (EC) "Hymn Sing" w/ Diane Grosscope, Willow Meadows, Virginia Jacoby, & Virginia Streit 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (AR) 2:00 Wednesday Matinee (EC & C3) <i>The Help</i></p>	<p>21</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Ginny Croft 2:00 Third Thursday w/ Margaret Desmond (TBD) 5:00 July Birthday Dinner (EC)</p>	<p>22</p> <p>9:00 Coffee Talk w/ Frances (Bistro) 10:00 Exercise w/ Frances (EC) 2:30 Cook's Corner (7W) Discuss the history of the Charcuterie Board & prepare one to enjoy! Please sign up in the Excursion Book.</p>	<p>23</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:30 A. D. Players "Sound of Music" 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>24</p> <p>11:30—1:30 Sunday Brunch</p>	<p>25</p> <p>10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Shop at Michael's Craft Shop & JoAnn's Fabrics Wesleyan Plaza</p>	<p>26</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:30 Liar's Club (EC) 6:00 Watch Party Staff Bowling Event Bowlero, Stafford location</p>	<p>27</p> <p>9:00 Devotions (EC) Rev. Dr. Wilson Boots, "Prayer" 10:15 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11:00 Chair Massages w/ Adam 1:00 Water Exercise w/ Paula 1:30 Character of Faith Biblical Studies (AR) 3:00 Danette McMahon Live in Concert/Hawaiian Luau (EC)</p>	<p>28</p> <p>10:00 Exercise w/ Leo (EC) 1:30 Aroma & Lotion Therapy 10 minute sessions w/ Frances (PR) Please sign up in the Excursion Book! 3:00 Town Hall Meeting w/ Scott (Live in the EC) 6:00 BTBM Dinner Night Out Feges BBQ</p>	<p>29</p> <p>9:00 Coffee Talk w/ Frances (Bistro) 10:00 Exercise w/ Frances (EC) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 2:00 Bunco, anyone? (Sol) A fun & easy to learn dice game</p>	<p>30</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>31</p> <p>11:30—1:30 Sunday Brunch</p>						

JULY 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>July 2022</h1>						
					1 9:00- Decorate Bulletin Boards! 11:00- Daily Chronicles Delivered 3:00- Friday Movie Canada Day	2 10:00- Daily Chronicles (Pickup AR3) 11:00- Independent puzzles AR3 2:00- Visits 1:1 3:00- BINGO DR3
3 10:00- Sunday Devotional (Pickup in AR3) 2:30- Sunday Sing-a-Long w/Sharon AR3 3:00- Movie DR3 4:30- Visits 1:1	4 2:00- 4th of July Jubilee w/ Ginny Croft at the piano (Lounge) 4-7PM- 4th of July Bar Special 	5 9:00- Chit Chat W/Chaplin Charles 11:00- Resident Council AR3 2:00- Residents Choice Cart 3:00- BINGO DR3 4:30- Sit & Be Fit (DVD)	6 9:00- Devotions EC 10:15- Catholic Communion (Prayer Room) 2:00- Craft Corner DR3 3:00- Afternoon Movie 	7 9:00- Morning Visits 10:00- Daily Chronicles 10:45- Sing-a-Long(L) 11:00- Morning Walk W/Lily 1:00- Houston Astros w/ Peanuts & Cracker Jacks!!DR3	8 9:00- Morning Visits 10:00- Daily Chronicles 11:30- Grillin' W/ Scott (Bistro) 1:00- Traveling Activity Cart Room to Room 3:00- Friday Movie DR3	9 10:00- Daily Chronicles (Pickup AR3) 11:00- Independent puzzles AR3 2:00- Visits 1:1 3:00- BINGO DR3
10 10:00- Sunday Devotional (Pickup in AR3) 2:30- Sunday Sing-a-Long w/Sharon AR3 3:00- Movie DR3 4:30- Visits 1:1	11 9:00- Morning Visits 10:45- Coffee Talk AR3 1:00- EZ Does It/Daily Chronicles (Delivered) 2:00- Visits 1:1 3:00- Movie Matinee DR3	12 9:00- Chit Chat W/Chaplin Charles 11:00- Daily Chronicles AR3 2:00- Residents Choice Cart 3:00- BINGO DR3 4:30- Sit & Be Fit (DVD)	13 9:00- Devotions EC 10:15- Catholic Communion (Prayer Room) 2:00- Cooks Corner DR3 3:00- Afternoon Movie 	14 9:00- Morning Visits 10:00- Daily Chronicles 10:45- Sing-a-Long(L) 1:30- Aromatherapy W/Frances (PR) Please sign up in the Excursion book! 2:00- Virtual Reality L3 3:30- Residents Choice AR3	15 9:00- Morning Visits 10:00- Daily Chronicles 2:00- Afternoon Ice Cream p/u just outside the Event Center 3:00- Friday Movie DR3 	16 10:00- Daily Chronicles (Pickup AR3) 11:00- Independent puzzles AR3 2:00- Visits 1:1 3:00- BINGO DR3
17 10:00- Sunday Devotional (Pickup in AR3) 2:30- Sunday Sing-a-Long w/Sharon AR3 3:00- Movie DR3 4:30- Visits 1:1	18 9:00- Morning Visits 10:45- Coffee Talk AR3 1:00- EZ Does It/Daily Chronicles (Delivered) 2:00- Visits 1:1 3:00- Movie Matinee DR3 & CH3	19 9:00- Chit Chat W/Chaplin Charles 11:00- Daily Chronicles AR3 2:00- Residents Choice Cart 3:00- BINGO DR3 4:30- Sit & Be Fit (DVD)	20 9:00- Devotions EC 10:15- Catholic Communion (Prayer Room) 2:00- July Trivia DR3 3:00- Afternoon Movie 	21 9:00- Morning Visits 10:00- Daily Chronicles 10:45- Sing-a-Long(L) 11:00- Morning Walk W/Lily 2:00- Virtual Reality L3 2:30- Hydration Cart 3:30- Residents Choice AR3	22 9:00- Morning Visits 10:00- Daily Chronicles 11:00- James Coney Island! 3:00- Friday Movie DR3	23 10:00- Daily Chronicles (Pickup AR3) 11:00- Independent puzzles AR3 2:00- Visits 1:1 3:00- BINGO DR3
24 10:00- Sunday Devotional (Pickup in AR3) 2:30- Sunday Sing-a-Long w/Sharon AR3 3:00- Movie DR3 4:30- Visits 1:1	25 9:00- Morning Visits 10:45- Coffee Talk AR3 1:00- EZ Does It/Daily Chronicles (Delivered) 2:00- Visits 1:1 3:00- Movie Matinee DR3	26 9:00- Chit Chat W/Chaplin Charles 11:00- Daily Chronicles AR3 2:00- Residents Choice Cart 3:00- BINGO DR3 4:30- Sit & Be Fit (DVD)	27 9:00- Devotions EC 10:15- Catholic Communion (Prayer Room) 3:00- Danette McMahom Live in concert/Hawaiian Luau (EC) 	28 9:00- Morning Visits 10:00- Daily Chronicles 1:30- Aromatherapy W/Frances (PR) Please sign up in the Excursion book! 2:00- Virtual Reality L3 3:00- Town Hall Meeting (EC)	29 9:00- Morning Visits 10:00- Daily Chronicles 1:00- Traveling Activity Cart Room to Room 3:00- Friday Movie DR3	30 10:00- Daily Chronicles (Pickup AR3) 11:00- Independent puzzles AR3 2:00- Visits 1:1 3:00- BINGO DR3
31 10:00- Sunday Devotional (Pickup in AR3) 2:30- Sunday Sing-a-Long w/Sharon AR3 3:00- Movie DR3 4:30- Visits 1:1	AR3- Activity Room 3rd Floor DR3- Dining Room 3rd Floor L3- Library 3rd Floor PR- Prayer Room EC- Event Center CH3- Channel 3					

JULY 2022 • MEMORY CARE Activities Calendar



July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	 8:30- Breakfast DR2 9:00- Morning Visits 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Hand Massages AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Hand Massages AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 5:00- Dinner DR2	8:30- Breakfast DR2 9:45- Daily Chronicles AR2 10:00- Morning Devotional Delivered 2:00- Music & Memory (In Rooms) 3:00- Residents Choice AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 3:00- Music2Remember AR2 4:00- Finger Painting AR2 5:00- Dinner DR2	8:30- Breakfast DR2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Cooks Corner AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 5:00- Dinner DR2	8:30- Breakfast DR2 9:45- Daily Chronicles AR2 10:00- Morning Devotional Delivered 2:00- Music & Memory (In Rooms) 3:00- Residents Choice AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 2:00- Spark the Senses AR2 3:00- Classical Music AR2 4:00- Sit & Be Fit AR2 5:00- Dinner DR2	8:30- Breakfast DR2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Craft Corner AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 5:00- Dinner DR2	8:30- Breakfast DR2 9:45- Daily Chronicles AR2 10:00- Morning Devotional Delivered 2:00- Music & Memory (In Rooms) 3:00- Residents Choice AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 2:00- Spark the Senses AR2 3:00- Music2Remember AR2 4:00- Sit & Be Fit AR2 5:00- Dinner DR2	8:30- Breakfast DR2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Hand Massages AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 5:00- Dinner DR2	8:30- Breakfast DR2 9:45- Daily Chronicles AR2 10:00- Morning Devotional Delivered 2:00- Music & Memory (In Rooms) 3:00- Residents Choice AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:30- Daily Chronicles DR2 11:30- Lunch DR2 2:00- Spark the Senses AR2 3:00- Music2Remember AR2 4:00- Sit & Be Fit AR2 5:00- Dinner DR2	8:30- Breakfast DR2 10:00- Morning Exercise DR2 10:30- Short Stories AR2 11:00- Sing a Long w/Sharon 11:30- Lunch DR2 2:00- Hand Massages AR2 3:00- Movie DR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Morning Stretch 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 5:00- Dinner DR2	8:30- Breakfast DR2 9:45- Daily Chronicles AR2 10:00- Morning Devotional Delivered 2:00- Music & Memory (In Rooms) 3:00- Residents Choice AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:00- Morning Visits 9:45- Daily Chronicles AR2 10:00- Virtual Reality DR2 11:30- Lunch DR2 2:00- Visits 1:1 3:00- Snack Cart 4:00- Movie DR2	8:30- Breakfast DR2 10:00- Daily Chronicles Delivered 11:30- Lunch DR2 2:00- Chair Exercise DR2 2:30- Open Table Games AR2 3:00- Residents Choice 5:00- Dinner DR2
8:30- Breakfast DR2 10:00- Sunday Worship AR2 11:30- Lunch DR2 1:30- Devotional Reading AR2 2:00- BINGO AR2 4:30- Visits 1:1 5:00- Dinner DR2	DR2- Dining Room 2nd Floor AR2- Activity Room 2nd Floor					