

APRIL 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Tune to Channel 103 for daily and upcoming events</p> <p>Inside/Outside/Religious Activities</p>	<p>Room Legend</p> <p>EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium</p>	<p>April 2022</p> <p>Events may be rescheduled or cancelled due to low turnout or inclement weather.</p> 			<p>1 April Fool's Day</p> <p>9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 3:00 Friday Feature (EC&C3) "All that Jazz"</p>	<p>2 Ramadan begins this evening</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>3</p> <p>11:30—1:30 Sunday Brunch (Bistro)</p>	<p>4</p> <p>10:00 Exercise w/ Frances (EC) 10:30 The Bible Seminary Docent-led tour/Lunch TBA 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 3:00 The Great Courses (EC&C3)</p>	<p>5</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:30 Walgreens Senior Day 3 PM 50s & 60s Dance Music (EC) Curtis Nickelson, Live in Concert <i>Root Beer Floats and lots of fun!</i></p>	<p>6</p> <p>9:00 Devotions (EC) Mary Cheek Stations of the Cross 10:00 Exercise w/ Frances (EC & C3) Via Video 10:45 Catholic Communion (PR) 100 Rice Midweek Medley 2:30 Photography by Robert Flatt "Monarchs & Milkweed" (EC)</p>	<p>7 World Health Day</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) "Favorites" with Louise Frowe 7:00 Classic Movie Night (EC&C3) "How Green was my Valley" starring Walter Pidgeon & Maureen O'Hara</p>	<p>8</p> <p>9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 11:30 Grillin' with Scott & Jim <i>Pick up in the Bistro!</i> 3:00 Guest Speaker, Julie Robinson Artemis Project (EC)</p>	<p>9</p> <p>10:00 Card Craft (Craft Rm) 11 AM—1 PM Chair Massages 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>10</p>  <p>11:30—1:30 Sunday Brunch (Bistro) 1:30 PM U of H Musicians (EC)</p>	<p>11 National Pet Day</p> <p>10:00 Exercise w/ Frances (EC & C3) 10:45 Meyer Park Shopping Trip 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 3:00 The Great Courses (EC & C3) 7:00 BTBM Book Club (7W) "The Great Influenza: The Story of the Deadliest Pandemic in History" Led by Martha Tyler</p>	<p>12</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 10:30 Caring Friends Meeting (SOL) 3:00 Corn Hole Tournament Happy Hour Refreshments & Fun for all! (EC)</p>	<p>13</p> <p>9:00 Devotions (EC) Rev. Dr. Jim Birchfield First Presbyterian/Lenten Service 10:00 Exercise w/ Frances (EC & C3) Via Video 10:45 Catholic Communion (PR) 1:00 Rice Midweek Medley 1:00 J's Treat: MFAH 3:00 Easter Crafts (7W) <i>Coffee Filter Angels & Bunny Cakes!</i></p>	<p>14</p> <p>10:00 Exercise w/ Leo (EC) 1:30 Visit the Japanese Gardens in Hermann Park 7:00 Resident Association Meeting (EC) <i>All residents are invited and encouraged to attend!</i></p>	<p>15 Good Friday Passover begins this evening</p>   <p>9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 7:00 Houston Symphony Thibaudet plays Liszt</p>	<p>16</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream Concert Featuring Beethoven's Eroica & Liszt (C3)</p>
<p>17</p>  <p>11:30—2:30 PM Easter Sunday Lunch <i>More details to follow</i></p>	<p>18</p> <p>10:00 Exercise w/ Frances (EC) 10:45 Trip to Costco 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Afternoon Ice Cream Treat <i>Meet us just outside the Event Center!</i></p>	<p>19</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 3:00 The Great Courses (EC&C3) <i>Last in the Series</i> 4:00 Let's Meet at the Pool Table <i>Come on down and show us your moves Open to everyone! Lessons available</i></p>	<p>20</p> <p>9:00 Devotions (EC) Rev. Katy Montgomery-Mears St. Luke's Methodist 10:00 Exercise w/ Frances (EC & C3) Via Video 10:45 Catholic Communion (PR) 1:00 Rice Midweek Medley 3:00 Wednesday Matinee (EC&C3) "Blue Jasmine"</p>	<p>21 National Tea Day</p> <p>10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Ginny Croft & Anne Brown 2:00 "New Class" with Margaret Desmond (7W) <i>Please refer to your handout</i> 5:00 April Birthday Dinner (EC)</p>	<p>22 Earth Day</p>  <p>9:00 Coffee Talk (Bistro) 9:30 Visit Brenham and the Blue Bonnets/Lunch at The Chappel Hill Café 10:00 Exercise w/ Frances (EC&C3) Via Video today</p>	<p>23 World Book Day Passover ends this evening</p> <p>10:00 Card Craft (Craft Rm) 11 AM—1 PM Chair Massages 12-5 PM Miraculous Jewelry Creations by Sandra (PDR) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)</p>
<p>24</p> <p>11:30—1:30 Sunday Brunch (Bistro) 1:30 PM U of H Musicians (EC)</p>	<p>25</p> <p>10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 1:30 Shopping Trip to Trader Joe's 7:00 Musical & Wine Night (EC) "Annie Get Your Gun" with Betty Hutton & Howard Keel</p>	<p>26</p> <p>10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 3:00 National Geographic's "Surviving Everest" (EC & C3) 6:15 BTBM Dinner Night Out Brennan's of Houston <i>New Orleans Character & Cuisine</i></p>	<p>27</p> <p>9:00 Devotions (EC) Rev. Dr. Wilson Boots St. Paul's UMC & BTBM Resident 10:00 Exercise w/ Frances (EC & C3) Via Video 10:45 Catholic Communion (PR) 1:00 Rice Midweek Medley 1:00 Water Aerobics w/ Paula 6:30 Alley Theatre "Dead Man's Cell Phone"</p>	<p>28</p> <p>10:00 Exercise w/ Leo (EC) 11:15 Monthly Lunch Bunch D'Amicos Italian Market Cafe 3:00 Town Hall w/ Scott Perlman (EC)</p>	<p>29</p> <p>9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 10:30 Our Beautiful Garden 11:30 Shabbat Service with Cantor Tunitsky (7W) 3:00 Liar's Club (EC)</p>	<p>30 Honesty Day</p> <p>10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream Concert Andres's Farewell: Mahler's Resurrection Symphony (C3)</p>

APRIL 2022 • ASSISTED LIVING Activities Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



*** Activities may be subject to change***

AR3- Activity Room 3rd floor PR- prayer room
DR3- Dining room 3rd floor EC- Event center L3- Library 3rd Floor CH3 Channel 3 Questions? Dial Ext 3802

<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Stretch & Hydrate AR3 2:00- Crafts Corner AR3 3:00- Friday Movie DR3</p> <p>All Fools' Day</p>	<p>10:00 Daily Chronicles Delivered to room 10:45 Chair exercise AR3 1:00 Room Visits w/activity cart 2:30- BINGO DR3</p> <p>Ramadan Begins</p>					
<p>9:00-Sunday Devotions Delivered to Room 10:00-Puzzles AR3 2:00- Activities on the Go & Friendly Visits</p>	<p>9:00-Morning Visits 10:45-Daily Chronicles AR3 11:00-Brain Exercise AR3 2:00-Room Visits 3:00-Monday Matinee</p>	<p>9:00-Morning Visits 10:45-Daily Chronicles AR3 11:00-Resident Council 2:00 Adult Coloring AR3 3:00- Sock hop (EC) Curtis Nickelson, live in concert</p>	<p>9:00-Morning Visits 9:00 Devotions (EC) 10:00-Daily Chronicles AR3 10:45 Catholic Communion (PR) 2:00- Puzzles AR3 3:00 Afternoon Cinema & Refreshments DR3</p>	<p>9:00-Morning Visits 10:45-Daily Chronicles AR3 10:45-Sing a Long (L) 11:00- Chair Exercise AR3 1:30- Relaxing Music & Hand Massage L3 3:00-Traveling Treat Cart</p>	<p>9:00-Morning Visits 10:45-Daily Chronicles AR3 11:00-Stretch & Hydrate AR3 11:30- Grillin with Scott in the Bistro 2:00- Cooks Corner DR3 3:00-Friday Movie DR3</p>	<p>10:00- Daily Chronicles Delivered to Room 10:45-Chair Exercise AR3 1:00-Room Visits w/Activity Cart 2:30- BINGO DR3</p>
<p>9:00- Sunday Devotions Delivered to Room 10:00- Puzzles AR3 1:30- U of H Musicians (EC) 2:00- Activities on the Go & Friendly Visits</p> <p>Palm Sunday</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00-Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee</p>	<p>9:00- Morning Visits 10:45-Daily Chronicle AR3 11:00- Stretch & Hydrate AR3 2:00- Adult Coloring AR3 3:00- Corn Hole Tournament(EC) 3:00-BINGO! DR3</p>	<p>9:00- Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles AR3 10:45- Catholic Communion (PR) 2:00- Puzzles AR3 3:00- Afternoon Cinema & Refreshments DR3</p>	<p>9:00-Morning Visits 10:45- Daily Chronicles AR3 11:00- Chair Exercise AR3 1:30- Relaxing Music and Hand Massage L3 3:00 Traveling Treat Cart</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR 3 11:00- Stretch & Hydrate AR3 2:00 Crosswords & Puzzles AR3 3:00 Friday Movie DR3</p> <p>Good Friday Passover Begins</p>	<p>10:00- Daily Chronicles Delivered to room 10:45- Chair Exercise AR3 1:00 - Room Visits with Activity Cart 2:30- BINGO! DR3 8:00 Houston Symphony (EC) channel 3</p>
<p>9:00- Sunday Devotions Delivered to Room 10:00- Puzzles AR3 2:00- Activities on the Go & Friendly visits</p> <p>Easter Sunday</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee 3:00-Afternoon Ice Cream treat (EC)</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Stretch & hydrate AR3 2:00- Adult Coloring AR3 3:00- BINGO! AR3</p>	<p>9:00 Morning Visits 9:00- Devotions (EC) 10:00- Daily Chronicles AR3 10:45- Catholic Communion (PR) 2:00- Puzzles AR3 3:00- Afternoon Cinema & Refreshments</p>	<p>9:00-Morning Visits 10:45- Daily Chronicles AR3 10:45-Sing A Long (L) 11:00- Chair Exercise AR3 1:30- Relaxing Music and Hand Massage L3</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00-Stretch & Hydrate AR3 2:00- Crossword Puzzles AR3 3:00- Friday Movie DR3</p> <p>Earth Day</p>	<p>10:00- Daily Chronicles Delivered to room 10:45- Chair Exercise AR3 1:00 - Room Visits with Activity Cart 2:30- BINGO! DR3</p>
<p>9:00- Sunday Devotions Delivered to Room 10:00- Puzzles AR3 1:30- U of H Musicians (EC) 2:00- Activities on the Go & Friendly visits</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee 7:00-Musical & Wine Night (EC) "Annie Get your Gun"</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee</p>	<p>9:00-Morning Visits 10:45- Daily Chronicles AR3 11:00- Chair Exercise AR3 1:30- Relaxing Music and Hand Massage L3 3:00 Traveling treat cart 3:00 Town Hall w/ Scott(EC) & CH3</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00-Stretch & Hydrate AR3 2:00- Crossword Puzzles AR3 3:00- Friday Movie DR3 3:00- Liar's Club (EC) DR3 5:30-Dining under the Stars DR3</p> <p>Arbor Day</p>	<p>10:00- Daily Chronicles Delivered to room 10:45- Chair Exercise AR3 1:00 - Room Visits with Activity Cart 2:30- BINGO! DR3 8:00-Houston Symphony (EC) channel 3</p>

APRIL 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h2 style="color: red; font-family: cursive;">April 2022</h2>						<p>8:30- Breakfast DR2 9:30- Morning visits/wellness check 10:00-Daily Chronicles AR2 11:30- Lunch DR2 3:00 Music & Memory & MyndVR AR2 5:00-Dinner DR2</p> <p style="text-align: center;">All Fools' Day</p>	<p>9:00 Daily Chronicles delivered to rooms 11:00-Chair Exercise 11:30- Lunch DR2 1:00- Room visits w/Activity cart 2:30-BINGO! DR3</p> <p style="text-align: center;">Ramadan Begins</p>
3	4	5	6	7	8	9	
<p>8:30- Breakfast DR2 9:00-Sunday Devotions Delivered to Rooms 10:00 Puzzles AR2 11:30- Lunch DR2 2:00- Activities on the GO and Friendly visits 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness Check 10:00- Fresh Air Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner AR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:00 Sing a long AR2 11:30- Lunch DR2 2:00- Adult coloring 3:00- Sock Hop (EC) Curtis Nickleson, live in concert</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair exercise AR2 3:30 Movie LR2 5:00 Dinner DR2</p>	<p>8:30 Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 12:45- Lotion Therapy/Hand Massage AR2 3:00- Traveling treat cart 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning visits/wellness check 10:00-Daily Chronicles AR2 11:30- Grillin w/Scott- Bistro 2:00- Cook's Corner DR3 3:00 Music & Memory & MyndVR AR2 5:00-Dinner DR2</p>	<p>9:00 Daily Chronicles delivered to rooms 11:00-Chair Exercise 11:30- Lunch DR2 1:00- Room visits w/Activity cart 2:30-BINGO! DR3</p>	
10	11	12	13	14	15	16	
<p>8:30- Breakfast DR2 9:00-Sunday Devotions Delivered to Rooms 10:00 Puzzles AR2 11:30- Lunch DR2 2:00- Activities on the GO and Friendly visits 5:00- Dinner DR2</p> <p style="text-align: center;">Palm Sunday</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness Check 10:00- Fresh Air Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner AR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:00 Sing a long AR2 11:30- Lunch DR2 2:00- Adult coloring 3:00- Corn Hole Tourney (EC)</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair exercise AR2 3:30 Movie LR2 5:00 Dinner DR2</p>	<p>8:30 Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 12:45- Lotion Therapy/Hand Massage AR2 3:00- Traveling treat cart 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning visits/wellness check 10:00-Daily Chronicles AR2 11:30- Lunch DR2 3:00 Music & Memory & MyndVR AR2 5:00-Dinner DR2</p> <p style="text-align: center;">Passover Begins</p>	<p>9:00 Daily Chronicles delivered to rooms 11:00-Chair Exercise 11:30- Lunch DR2 1:00- Room visits w/Activity cart 2:30-BINGO! DR3</p>	
17	18	19	20	21	22	23	
<p>8:30- Breakfast DR2 9:00-Sunday Devotions Delivered to Rooms 10:00 Puzzles AR2 11:30- Lunch DR2 2:00- Activities on the GO and Friendly visits 5:00- Dinner DR2</p> <p style="text-align: center;">Easter Sunday</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness Check 10:00- Fresh Air Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00-Ice Cream (EC) 5:00- Dinner AR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:00 Sing a long AR2 11:30- Lunch DR2 2:00- Adult coloring 3:00- BINGO! DR3 5:00- Dining DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair exercise AR2 3:30 Movie LR2 5:00 Dinner DR2</p>	<p>8:30 Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 12:45- Lotion Therapy/Hand Massage AR2 3:00- Traveling treat cart 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning visits/wellness check 10:00-Daily Chronicles AR2 11:30- Lunch DR2 3:00 Music & Memory & MyndVR AR2 5:00-Dinner DR2</p> <p style="text-align: center;">Earth Day</p>	<p>9:00 Daily Chronicles delivered to rooms 11:00-Chair Exercise 11:30- Lunch DR2 1:00- Room visits w/Activity cart 2:30-BINGO! DR3</p>	
24	25	26	27	28	29	30	
<p>8:30- Breakfast DR2 9:00-Sunday Devotions Delivered to Rooms 10:00 Puzzles AR2 11:30- Lunch DR2 2:00- Activities on the GO and Friendly visits 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness Check 10:00- Fresh Air Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner AR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:00 Sing a long AR2 11:30- Lunch DR2 2:00- Adult coloring 3:00- BINGO! DR3 5:00- Dining DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits & Wellness check 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair exercise AR2 3:30 Movie LR2 5:00 Dinner DR2</p>	<p>8:30 Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 12:45- Lotion Therapy/Hand Massage AR2 3:00- Traveling treat cart 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning visits/wellness check 10:00-Daily Chronicles AR2 11:30- Lunch DR2 3:00 Music & Memory & MyndVR AR2 5:30 Dining under the Stars DR2</p> <p style="text-align: center;">Arbor Day</p>	<p>9:00 Daily Chronicles delivered to rooms 11:00-Chair Exercise 11:30- Lunch DR2 1:00- Room visits w/Activity cart 2:30-BINGO! DR3</p>	