## SEPTEMBER 2021 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday	1,10Huuj	ruesauy	vveunesaay	Thursday	Titaly	Saturacy
Happy Fall!	Tune to Channel 3 for daily and upcoming events  Inside/Outside/Religious  Activities	Room Legend  EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL- Solarium	9:00 Devotions (EC) Scott Cornett, BTBM  10:00 Exercise w/ Frances (EC)  2:00 Walking w/ Nurse Kathy  3:00 Water Aerobics	2 VJ Day, WWII  10:00 Exercise w/ Leo (EC)  10:45 Sing-a-Long "Frank Sinatra Celebration" w/ Susan Alexander (L)  6:45 Purple Martin Migration Watch Willowbrook Mall (Re-scheduled)	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 2:30 Fun & Games (Solarium) Residents Choice  3:00 Drive By Happy Hour Welcoming Fall!  7:00 Friday Night Feature (EC) "The Cutting Edge"	4  10:00 Card Craft (Craft Rm)  1:00 Afternoon Popcorn Just outside the Event Center  2:00 Needlework (3rd Floor)  7:00 Bingo (EC)
5 Cheese Pizza Day  11:00 St. Philip Presbyterian    Livestream Service (EC)  11:30—1:30 Sunday Brunch    (Bistro)	10:00 Exercise, Resident Led (EC) 1:00 Brazos Needle Group (L) 3:00 Labor Day Sing a Long w/ Ginny Croft (L) Rosh Hashanah begins at sundown	<ul> <li>7 Rosh Hashanah</li> <li>10:00 Exercise w/ Frances (EC) via video &amp; on Channel 3</li> <li>10:45 Kroger Grocery</li> <li>1:00 Line Dance w/ Gayle (EC)</li> <li>1:30 Walgreens Senior Discount Day</li> </ul>	9:00 Devotions (EC) Reverend Laura Mayo Covenant 10:00 Exercise w/ Frances (EC) 10:30 Catholic Mass with Father Houston (AR) 2:00 Walking w/ Nurse Kathy 3:00 Water Aerobics	9 10:00 Exercise w/ Leo (EC) 10:30 Galveston Trip—Lunch at Gaido's Seafood/Tour the Bryan Museum 10:45 Sing-a-Long "Favorites" w/ Louise Frowe	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 11:30 Grillin' with Scott & Jim Pick up in the Bistro! 2:30 Fun & Games (Solarium) Residents Choice 5:15 Men's Night Out Caracol Coastal Mexican Cuisine	II Patriot Day 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
11:00 St. Philip Presbyterian Livestream Service (EC) 11:30—1:30 Sunday Brunch (Bistro) 1:30 University of Houston Musical Talent (EC)	13 Positive Thinking Day 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 The Great Courses (EC &C3) Shakespeare: The Word & The Action 7:00 BTBM Book Club (7W) "The Overstory" Led by Susan Alexander	10:00 Exercise w/ Frances (EC) via video & on Channel 3  10:45 Kroger Grocery  1:00 Line Dance w/ Gayle (EC  2:30 Tuesday Theater "Fargo" (EC & C3)	9:00 Devotions (EC) Reverend James Gill St. Andrew's Presbyterian 10:00 Exercise w/ Frances (EC) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy Yom Kippur begins at sundown	16 Yom Kippur  10:00 Exercise w/ Leo (EC)  10:45 Sing-a-Long "Broadway I" w/ Susan Alexander (L)  1:30 Trip to Costco  5:00 September Birthday Dinner	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 2:30 Fun & Games (Solarium) Residents Choice 3:30 Shabbat Service with Cantor Tunitsky (7W) 7:00 Musical & Wine Night "Fiddler on the Roof" (EC)	18  10:00 Card Craft (Craft Rm)  1:00 Afternoon Popcorn Just outside the Event Center  2:00 Needlework (3rd Floor)  7:00 Bingo (EC)
19 11:00 St. Philip Presbyterian Livestream Service (EC)  11:30—1:30 Sunday Brunch (Bistro) 3:00 Wine & Music Louise Frowe at the piano (L)	9:30 Docent-led tour of the Museum of American Architecture & Decorative Arts at HBU/Lunch at Salata Salad Kitchen  10:00 Exercise w/ Frances (EC) via video & on Channel 3  1:00 Brazos Needle Group (L)	21 Int'l Peace Day 10:00 Exercise w/ Frances (EC) 10:45 Kroger Grocery 1:00 Line Dance with Gayle (EC) 3:30 Cornhole Tournament (EC)	22 Fall Equinox 9:00 Devotions (EC) Rev. Margaret Desmond, BTBM 10:00 Exercise w/ Frances (EC) 10:30 Catholic Mass with Father Houston (AR) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy 4:00 Men's Gathering	10:00 Exercise w/ Leo (EC) 10:45 Sing a Long "Folk Songs" w/ Susan & Anne (L) 1:30 Visit The Guild Shop (helping the elderly in need) & The Bouchee Patisserie	9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 11:00 Episcopal Worship with The Reverend David Goldberg (AR) 1:30 Senior Sage w/ Facilitator, Margaret Desmond (7W) 2:30 Fun & Games (Solarium) Residents Choice 6:30 Glennie Scott, live in concert (EC)	25 10:00 Card Craft (Craft Rm) 1:00 Afternoon Popcorn Just outside the Event Center 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
26 11:00 St. Philip Presbyterian Livestream Service (EC) 11:30—1:30 Sunday Brunch (Bistro) 1:30 Houston Symphony	10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L)  11:15 Monthly Lunch Bunch Cleburne Cafeteria 2:00 The Great Courses (EC &C3) Shakespeare: The Word & The Action	28 Nat'l Good Neighbor Day  10:00 Exercise w/ Frances (EC) via video & on Channel 3  10:45 Kroger Grocery  1:00 Line Dance with Gayle (EC) 2:00 Dairy Queen Ico Gream	9:00 Devotions (EC) Reverend Charles O'Bryant 10:00 Exercise w/ Frances (EC) 1:00 Water Aerobics w/ Paula 2:00 Walking w/ Nurse Kathy 3:30 Susan Alexander at the Piano in the Lounge	10:00 Exercise w/ Leo (EC)  10:45 Sing a Long "Fifth Floor Favorites for Everyone" with Ginny Croft & Anne Brown (L)  3:00 Town Hall w/ Scott (C3)  7:00 Classic Movie Night (EC)	Septemb  Events may be rescheduled or car inclement with	celled due to low turnout or

Brought to you by the letters X Y & Z

2:00 Dairy Queen Ice Cream

7:00 Classic Movie Night (EC)

"Arabesque"

1:30 Houston Symphony "The Artistry of Augustin Hadelich"

Shakespeare: The Word & The Action

3:30 Liar's Club (EC)

## SEPTEMBER 2021 · ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	eptemb 2021	er	8:00- Morning Visits 9:00- Devotions (EC) 11:00- Daily Chronicles AR3 1:00- Table Games 2:00- Walk w/ Nurse Kathy 2:30- Movie Time! DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:00- Exercise W/ Leo (EC) 10:45- Sing a long "Frank Sinatra Celebration" (Lounge) 2:30- Cooks Corner DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 11:00- Friday Fitness AR3 1:00- 'Fill in the Blank'- Brain Games AR3 3:00- Drive By Happy Hour! 7:00- Friday Night Feature (EC) "The Cutting Edge"	9AM-11AM- Morning Walk (outside or inside the community) 1:00- Afternoon Popcorn (EC) 3:00- BINGO! (Resident Led in DR3)
9AM-11AM- Sunday Devotions Delivered 11:00- St. Phillip Presbyterian Livestream Service (EC) 2:30- Movie DR3	9:00- Daily Chronicles AR3 10:00- Exercise, Resident Led (EC) 1:00- Puzzles & Word Searches AR3 2:30- Movie & Snacks DR3 3:00- Labor Day Sing a Long (Lounge)  Labor Day	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:45- Kroger Grocery 11:00- Resident Council Meeting AR3 1:00- Adult Coloring AR3 2:30- Tuesday Treats 3:00- BINGO AR3	8:00- Morning Visits 9:00- Devotions (EC) 10:30- Catholic Mass (AR) 11:00- Daily Chronicles AR3 1:00- Table Games 2:00- Walk w/ Nurse Kathy 2:30- Movie Time! DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:00- Exercise W/ Leo (EC) 10:45- Sing a long "Favorites" (Lounge) 1:00- Cranium Crunches AR3 2:30- September Trivia DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 11:00- Friday Fitness AR3 11:30- Grillin'/W Scott in the Bistro 1:00- 'Wacky Words'- Brain Games AR3 2:30- Friday Feature and Treats AR3	9AM-11AM- Morning Walk (outside or inside the community) 1:00- Afternoon Popcorn (EC) 3:00- BINGO! (Resident Led in DR3)
9AM-11AM- Sunday Devotions Delivered 11:00- St. Phillip Presbyterian Livestream Service (EC) 1:30- UofH Musical Talent (EC) 2:30- Movie DR3  Grandparents Day	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:30- Morning Stretch (2nd Floor Patio) 1:00- Puzzles & Table Games DR3 2:00- The Great Courses (EC, CH3)	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:45- Kroger Grocery 11:00- Morning Walk to the Garden 1:00- Adult Coloring AR3 2:30- Tuesday Treats 3:00- BINGO AR3	8:00- Morning Visits 9:00- Devotions (EC) 11:00- Daily Chronicles AR3 1:00- Table Games 2:00- Walk w/ Nurse Kathy 2:30- Movie Time! DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:00- Exercise W/ Leo (EC) 10:45- Sing a long "Broadway" (Lounge) 1:00- Cranium Crunches AR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 11:00- Friday Fitness AR3 1:00- 'Word Search'- Brain Games AR3 2:30- Friday Feature and Treats AR3 7:00- Musical & Wine Night (EC)	9AM-11AM- Morning Walk (outside or inside the community) 1:00- Afternoon Popcorn (EC) 3:00- BINGO! (Resident Led in DR3)
9AM-11AM- Sunday Devotions Delivered 11:00- St. Phillip Presbyterian Livestream Service (EC) 2:30- Movie DR3 3:00- Wine & Music (Lounge)	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:30- Morning Stretch (2nd Floor Patio) 1:00- Puzzles & Table Games DR3 2:30- Movie & Snacks DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:45- Kroger Grocery 11:00- Morning Walk to the Garden 1:00- Adult Coloring AR3 2:30- Tuesday Treats 3:00- BINGO AR3 3:30- Cornhole Tournament (EC)	8:00- Morning Visits 9:00- Devotions (EC) 10:30- Catholic Mass (AR) 11:00- Daily Chronicles AR3 1:00- Table Games 2:00- Walk w/ Nurse Kathy 2:30- Movie Time! DR3	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:00- Exercise W/ Leo (EC) 10:45- Sing a long (Lounge) 1:00- Cranium Crunches AR3 2:30- Thirsty Thursday Social	9:00- Daily Chronicles AR3 10:00- Bus Trip to Galveston Beach- (Packed Lunch) 1:00- 'Challenging Maze'- Brain Games AR3 2:30- Friday Feature and Treats AR3 6:30- Glennie Scott, Live in Concert (EC)	9AM-11AM- Morning Walk (outside or inside the community) 1:00- Afternoon Popcorn (EC) 3:00- BINGO! (Resident Led in DR3)
9AM-11AM- Sunday Devotions Delivered 11:00- St. Phillip Presbyterian Livestream Service (EC) 2:30- Movie DR3 3:30- Susan Alexander at the piano in the Lounge	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:30- Morning Stretch (2nd Floor Patio) 1:00- Puzzles & Table Games DR3 2:00- The Great Courses (EC, CH3) 3:30- Liar's Club (EC)	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:45- Kroger Grocery 11:00- Morning Walk to the Garden 1:00- Adult Coloring AR3 2:30- Tuesday Treats 3:00- BINGO AR3 Simchat Torah Begins	8:00- Morning Visits 9:00- Devotions (EC) 11:00- Daily Chronicles AR3 1:00- Table Games 2:00- Walk w/ Nurse Kathy 2:30- Movie Time! DR3 3:30- Susan Alexander at the Piano in the Lounge	8:00- Morning Visits 9:00- Daily Chronicles AR3 10:00-Exercise W/ Leo (EC) 10:45- Sing a long (Lounge) 1:00- Cranium Crunches AR3 2:30- Craft Corner (Decorate Bulletin Board) 3:00- Town Hall w/ Scott C3 7:00- Classic Movie Night (EC)		y Fall!

## SEPTEMBER 2021 • MEMORY CARE Activities Calendar

Septe	ember	2021	Wednesday  8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Devotions AR2 11:30- Lunch DR2 1:30- Hymn Sing A Longs 3:30- Movie AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Exercise LR2 11:30- Lunch DR2 1:30- Meditation on the Patio 3:30- Table Top Games AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Friday Fitness LR2 11:30- Lunch DR2 1:30- Movie LR2 3:00- Relaxation Lotion Therapy AR2 5:00- Dinner DR2	10:00AM- Morning Stretch on the Patio 1:30- Oldies But Goodies Music LR2 3:00- Sensory Stimulation AR2 4:00- Table Games AR2
10:00- Morning Meditation on the Patio 1:30- Sunday Worship Songs AR2 2:00- Devotional Reading AR2 3:30- Movie AR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Stretch (patio) 11:30- Lunch DR2 1:30- Sensory Work AR2 3:00- Classical Music LR2 5:00- Dinner DR2  Labor Day Rosh Hashanah Begins	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Walk 11:30- Lunch DR2 2:30- DoorDash Dairy Queen AR2 3:30- Dominoes AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Devotions AR2 11:30- Lunch DR2 1:30- Hymn Sing A Longs 3:30- Movie AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Exercise LR2 11:30- Lunch DR2 1:30- Meditation on the Patio 3:30- September Sensory Work 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Friday Fitness LR2 11:30- Lunch DR2 1:30- Movie LR2 3:00- Relaxation Lotion Therapy AR2 5:00- Dinner DR2	10:00AM- Morning Stretch on the Patio 1:30- Classical Music LR2 3:00- Reminiscing Group AR2 4:00- Table Games AR2
10:00- Morning Meditation on the Patio 1:30- Sunday Worship Songs AR2 2:00- Devotional Reading AR2 3:30- Movie AR2  Grandparents Day	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Stretch (patio) 11:30- Lunch DR2 1:30- Sensory Work AR2 3:00- Classical Music LR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Walk 11:30- Lunch DR2 1:30- Music & Memory (Room) 3:30- Dominoes AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Devotions AR2 11:30- Lunch DR2 1:30- Hymn Sing A Longs 3:30- Movie AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Exercise LR2 11:30- Lunch DR2 1:30- Meditation on the Patio 3:30- Table Top Games AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Friday Fitness LR2 11:30- Lunch DR2 1:30- Movie LR2 3:00- Relaxation Lotion Therapy AR2 5:00- Dinner DR2	10:00AM- Morning Stretch on the Patio 1:30- Oldies But Goodies Music LR2 3:00- Sensory Stimulation AR2 4:00- Table Games AR2  Oktoberfest Begins
10:00- Morning Meditation on the Patio 1:30- Sunday Worship Songs AR2 2:00- Devotional Reading AR2 3:30- Movie AR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Stretch (patio) 11:30- Lunch DR2 1:30- Sensory Work AR2 3:00- Classical Music LR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Walk 11:30- Lunch DR2 2:30- DoorDash Sonic AR2 3:30- Dominoes AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Devotions AR2 11:30- Lunch DR2 1:30- Hymn Sing A Longs 3:30- Movie AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Exercise LR2 11:30- Lunch DR2 1:30- Meditation on the Patio 3:30- September Sensory Work 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Friday Fitness LR2 11:30- Lunch DR2 1:30- Movie LR2 3:00- Relaxation Lotion Therapy AR2 5:00- Dinner DR2	10:00AM- Morning Stretch on the Patio 1:30- Classical Music LR2 3:00-Reminiscing Group AR2 4:00- Table Games AR2
10:00- Morning Meditation on the Patio 1:30- Sunday Worship Songs AR2 2:00- Devotional Reading AR2 3:30- Movie AR2		8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Walk 11:30- Lunch DR2 1:30- Music & Memory (Room) 3:30- Dominoes AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Devotions AR2 11:30- Lunch DR2 1:30- Hymn Sing A Longs 3:30- Movie AR2 5:00- Dinner DR2	8:30- Breakfast DR2 9:30- Morning Visits 10:00- Exercise LR2 11:30- Lunch DR2 1:30- Meditation on the Patio 3:30- Table Top Games AR2 5:00- Dinner DR2	Нарру	Fall!

