

# NOVEMBER 2020 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 All Saint's Day</b> <i>Daylight Savings Time Ends</i>  2:00 All Saints Day Service (EC) Leader, Reverend Margaret Desmond	<b>2 All Soul's Day</b> 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 Travel Over Ireland in high definition (EC & C3)	<b>3 Election Day</b> 10:00 Exercise w/ Jonathan (EC) 1:00 Line Dance with Lily (EC) 1:30 Walgreens Senior Day 3:00 Tuesday "Election Day" Treats—Stop & Go	<b>4</b> 9:00 Devotions (EC) Lily Dunham Found Sheep 10:00 Exercise w/ Frances (EC) 11:15 Trip to Evelyn's Park Picnic Lunch Provided 2 Bus Trips (if needed) 2:00 Walking w/ Nurse Kathy	<b>5</b> 10:00 Exercise w/ Jonathan (EC) 10:45 Sing a Long "Brazolot" with Friends (L) 7:00 Opera & Wine Evening "La Boheme" (EC only) Special appreciation to Dr. John Owens for providing the opera for all to enjoy!	<b>6</b> 10:00 Exercise w/ Frances (EC) 10:45 Mindfulness w/ Marianne Marcus (AR) 11:30 Grillin' with Scott Delivered to your Apartments! 4:30 GLOW Girls (Bar) 6:00 Shabbat Service (7W) Live Stream from Temple Emanu El	<b>7</b> 10:00 Card Craft (Craft Rm) 1:00 Needlework (Craft Rm) 1:30 Popcorn & Movie "The Lost Battalion" starring Rick Schroder Event Center Only 7:00 Bingo (EC)
<b>8 Veteran's Week Begins</b>  3:00 Ginny Croft Patriotic Sing-a-Long (L)	<b>9</b> 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00–2:30 Webinar: VA Benefits that Pay for Senior Care (EC & C3) 7:00 Book Club (via Zoom) Persuasion, by Jane Austen	<b>10</b> 10:00 Exercise w/ Jonathan (EC) 10:00 Kroger Grocery 1:00 Line Dance with Lily (EC) 7:30 Stages Theatre (EC & C3) "Honky Tonk Laundry" Livestream Performance "A Boot-Scootin' Salute to the Women of Country" Sponsored by Brazos Towers	<b>11 Veteran's Day</b> 9:00 Devotions (EC) Rev. Dr. Wilson Boots Found Son 10:00 Exercise w/ Frances (EC) 10:30 Catholic Mass (AR) 2:00 Walking w/ Nurse Kathy 6:45 Patriotic Concert - Live Jack Carr, Saxophonist	<b>12</b> 10:00 Exercise w/ Jonathan (EC) 10:45 Sing a Long "Folk Songs" with Friends (L) 1:30 Beautiful Photography by Robert Flatt (EC & C3) "My Favorite Photos"	<b>13</b> 10:00 Exercise w/ Frances (EC) 10:45 Mindfulness w/ Marianne Marcus (AR) 2:00 Friday Afternoon Movie Roger & Hammerstein's The Sound of Music (EC & C3) 4:30 GLOW Girls (Bar)	<b>14</b> 10:00 Card Craft (Craft Rm) 1:00 Needlework (Craft Rm) 1:30 Popcorn No Movie Today! 7:00 Bingo (EC) 8:00 Houston Symphony Live from Jones Hall Hillary Hahn Returns (C3)
<b>15 Happy Birthday, Yaphet Kotto</b> – The son of a Cameroonian crown prince, character actor Yaphet Kotto was born on this day in 1939.  <b>Lemon Cream Pie Day</b> – According to culinary historians, people have been enjoying lemon-flavored custards and desserts since the Middle Ages. The classic lemon cream pie we know and love today	<b>16</b> 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 Crystal Curry w/ Functional Pathways, Occupational Therapist (EC) Assistive Devices Activities of Daily Living (ADLs) Refreshments & Door Prizes!	<b>17</b> 10:00 Exercise w/ Jonathan (EC) 1:00 Line Dance with Lily (EC) 2:00 Classic Matinee w/ Popcorn (EC & C3) Breakfast at Tiffany's	<b>18</b> 9:00 Devotions (EC) Virginia Jacoby, Found Coin 10:00 Exercise w/ Frances (EC) 2:00 Walking w/ Nurse Kathy 5:00 November Birthday Dinner (EC)	<b>19</b> 9:00 Trip to Walk in Hermann Park 10:00 Exercise w/ Jonathan (EC) 10:45 Sing a Long "Favorites" with Louise Frowe (L)	<b>20</b> 10-1 PM MINI Sugar Plum Market & Tea Shop (EC) Sorry, no Exercise Class Today! 10:45 Mindfulness w/ Marianne Marcus (AR) 2:00 Shabbat Service (7W) Led by Rabbi Barry Gelman United Orthodox Synagogue 4:30 GLOW Girls (Bar)	<b>21</b> 10:00 Card Craft (Craft Rm) 1:00 Needlework (Craft Rm) 1:30 Popcorn No Movie Today! 7:00 Bingo (EC)
<b>22</b> 4:00 Susan Alexander at the Piano in the Lounge Brought to you by the Letters H I & J	<b>23</b> 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:00 Presentation on Current Concepts ~ Human Evolution by Dr. Kathleen Gibson (EC & C3)	<b>24</b> 10:00 Exercise w/ Jonathan (EC) 10:00 Kroger Grocery 1:00 Line Dance with Lily (EC) 3:00 Drive By Happy Hour Delivered to your Apartments	<b>25</b> 9:00 Devotions (EC) Reverend Mary Currie Finding Thanksgiving: Lord's Supper 10:00 Exercise w/ Frances (EC) 2:00 Walking w/ Nurse Kathy 3:00 Town Hall w/ Scott (EC & C3)	<b>26</b> 	<b>27 Black Friday</b> 10:00 Exercise w/ Virginia Jacoby (EC) 10:45 Mindfulness w/ Marianne Marcus (AR) 4:30 GLOW Girls (Bar)	<b>28</b> 10:00 Card Craft (Craft Rm) 1:00 Needlework (Craft Rm) 1:30 Popcorn & Movie "Girl with a Pearl Earring" Event Center Only 7:00 Bingo (EC)
<b>29 Advent Begins</b>  First Sunday in Advent	<b>30 Cyber Monday</b> 10:00 Exercise w/ Frances (EC) 1:00 Brazos Needle Group (L) 2:30 Liar's Club (EC) Fun, Participation Game	<div> <div>November 2020</div> <div>Events may be rescheduled or cancelled due to low turnout or inclement weather.</div> </div>			<b>Room Legend</b> EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium DR - Discovery Room (Marketing Off)	<div> <div>Tune to Channel 3 for daily and upcoming events</div> <div>Inside/Outside/Religious Activities</div> </div>



# NOVEMBER 2020 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>(Scheduled In-Person Visits) 1</p> <p><b>2:00PM- All Saints Day Service (EC)</b> Leader, Reverend Margaret Desmond</p> <p>Daylight Saving Time Ends</p>	<p>Lily is off (Scheduled In-Person Visits) 2</p> <p><b>9:30- Daily Chronicles Delivered to your room</b> <b>11:00- Exercise LR2</b> <b>2:00- Movie LR2</b> <b>3:00- Cranium Crunch Delivered to your room</b></p>	<p>8:30-2:00- East Tower Salon Open for Appointments 9:30- Daily Chronicles delivered to your room 11:00- Exercise w/ Jonathan LR2 3:00- BINGO! DR3 (Tuesday Treats) 6:00PM-10:00PM- Your Voice/Your Vote: Election Night 2020 DR3 (ABC13)</p>	<p>(Scheduled Drive-Through Visits) 4 (Scheduled In-Person Visits)</p> <p><b>9:00- Devotions in the Event Center</b> <b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>1:00- Manicure Moments/Hand Massages DR3</b> <b>2:00- Movie Matinee and Popcorn LR2</b></p>	<p>9:30- Daily Chronicles delivered to your room 11:00- Yoga LR2 1:00- EZ Does it and Puzzles (Delivered) 2:00- Happy Hour DR3 3:00- Sing-A-Long DR3</p>	<p>(Scheduled In-Person Visits) 6</p> <p><b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>11:30- Grillin' with Scott</b> <b>1:00- Craft Corner DR3</b> <b>2:00- Movie Matinee LR2</b> <b>3:00- Snack Cart</b></p>	<p>(Scheduled In-Person Visits) 7</p> <p><b>1:30PM- Popcorn &amp; Movie</b> "The Lost Battalion" starring Rick Schroder Event Center Only <b>7:00PM- BINGO (EC)</b></p>
<p>(Scheduled In-Person Visits) 8</p> <p><b>3:00PM- Ginny Croft Patriotic Sing-a-Long (L)</b></p> 	<p>(Scheduled In-Person Visits) 9</p> <p><b>9:30- Daily Chronicles Delivered to your room</b> <b>11:00- Exercise LR2</b> <b>2:00- Movie LR2</b> <b>4:00- Cranium Crunch Delivered to your room</b></p>	<p>8:30-2:00- East Tower Salon Open for Appointments 9:30- Daily Chronicles delivered to your room 11:00- Exercise w/ Jonathan LR2 3:00- BINGO! DR3 (Tuesday Treats) 6:00PM- Evening News DR3 (ABC13)</p>	<p>(Scheduled Drive-Through Visits) 11 (Scheduled In-Person Visits)</p> <p><b>9:00- Devotions in the Event Center</b> <b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>1:00- Manicure Moments/Hand Massages DR3</b> <b>2:00- Movie Matinee and Popcorn LR2</b></p> <p>Veterans Day</p>	<p>9:30- Daily Chronicles delivered to your room 11:00- Yoga LR2 1:00- EZ Does it and Puzzles (Delivered) 1:30- Beautiful Photography by Robert Flatt (EC &amp; C3) 3:00- Sing-A-Long DR3</p>	<p>(Scheduled In-Person Visits) 13</p> <p><b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>1:00- Cooks Corner DR3</b> <b>2:00- Movie Matinee LR2</b> <b>3:00- Snack Cart</b></p>	<p>(Scheduled In-Person Visits) 14 (Scheduled Drive-Through Visits)</p> <p><b>1:30PM- Popcorn (EC)</b> <b>7:00PM- BINGO (EC)</b></p>
<p>(Scheduled In-Person Visits) 15</p> 	<p>Lily is off (Scheduled In-Person Visits) 16</p> <p><b>9:30- Daily Chronicles Delivered to your room</b> <b>11:00- Exercise LR2</b> <b>2:00- Movie LR2</b> <b>4:00- Cranium Crunch Delivered to your room</b></p>	<p>8:30-2:00- East Tower Salon Open for Appointments 9:30- Daily Chronicles delivered to your room 11:00- Exercise w/ Jonathan LR2 3:00- BINGO! DR3 (Tuesday Treats) 6:00PM- Evening News DR3 (ABC13)</p>	<p>(Scheduled Drive-Through Visits) 18 (Scheduled In-Person Visits)</p> <p><b>9:00- Devotions in the Event Center</b> <b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>1:00- Manicure Moments/Hand Massages DR3</b> <b>2:00- Movie Matinee and Popcorn LR2</b></p>	<p>9:30- Daily Chronicles delivered to your room <b>11:30- Los Tios Restaurant</b> 1:00- EZ Does it and Puzzles (Delivered) 2:00- Happy Hour DR3 3:00- Sing-A-Long DR3</p>	<p>(Scheduled In-Person Visits) 20</p> <p><b>9:30- Daily Chronicles delivered to your room</b> <b>10AM-1PM- Mini Sugar Plum Market &amp; Tea Shop EC</b> <i>Sorry, no Exercise Class Today!</i> <b>1:00- Craft Corner DR3</b> <b>2:00- Movie Matinee LR2</b> <b>3:00- Snack Cart</b></p>	<p>(Scheduled In-Person Visits) 21</p> <p><b>1:30PM- Popcorn (EC)</b> <b>7:00PM- BINGO (EC)</b></p>
<p>(Scheduled In-Person Visits) 22</p> <p><b>4:00PM- Susan Alexander at the Piano in the Lounge Brought to you by the Letters H I &amp; J</b></p>	<p>(Scheduled In-Person Visits) 23</p> <p><b>9:30- Daily Chronicles Delivered to your room</b> <b>11:00- Exercise LR2</b> <b>2:00- Movie LR2</b> <b>4:00- Cranium Crunch Delivered to your room</b></p>	<p>8:30-2:00- East Tower Salon Open for Appointments 9:30- Daily Chronicles delivered to your room 11:00- Exercise w/ Jonathan LR2 2:00- BINGO STORE DR3 3:00- Drive By Happy Hour (delivered to your Apartments) 6:00PM- Evening News DR3 (ABC13)</p>	<p>(Scheduled Drive-Through Visits) 25 (Scheduled In-Person Visits)</p> <p><b>9:00- Devotions in the Event Center</b> <b>9:30- Daily Chronicles delivered to your room</b> <b>11:00- Exercise LR2</b> <b>1:00- Manicure Moments/Hand Massages DR3</b> <b>3:00- Town Hall w/Scott (EC CH3)</b></p>	<p>Lily is Off 26</p> 	<p>Lily is Off 27</p> <p><b>10:00- Exercise w/ Virginia (Event Center)</b></p> <p>Black Friday</p>	<p>(Scheduled In-Person Visits) 28 (Scheduled Drive-Through Visits)</p> <p><b>1:30PM- Popcorn and Movie</b> "Girl with a Pearl Earring" Event Center only <b>7:00PM- BINGO (EC)</b></p>
<p>(Scheduled In-Person Visits) 29</p> 	<p>Lily is off (Scheduled In-Person Visits) 30</p> <p><b>9:30- Daily Chronicles Delivered to your room</b> <b>11:00- Exercise LR2</b> <b>2:00- Movie LR2</b></p> <p><b>CYBER MONDAY</b></p>	<p>November 2020</p>				



# NOVEMBER 2020 • HEALTH CARE CENTER Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:00 FOX Ch. 5</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch. 8</div> <div>Daylight Saving Time Ends</div>	<div>2</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Password</div> <div>3:30 Fresh Air</div>	<div>3</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 You Name It</div> <div>3:30 Fancy Nails</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>4</div> <div>9:00 Devotional (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Patio Talk</div> <div>6:00 PBS&gt; Ch. 8</div>	<div>5</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>3:00 Thursday Theater</div>	<div>6</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Patio Talk</div> <div>3:00 Arts &amp; Craft</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>7</div> <div>1:30 Movie Matinee (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Ice Cream Treats</div> <div>3:00 Table Games</div>
<div>8</div> <div>9:00 FOX Ch. 5</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch. 8</div>	<div>9</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Password</div> <div>3:00 Lotion Therapy</div>	<div>10</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 You Name It</div> <div>3:30 Fancy Nails</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>11</div> <div>9:00 Devotional (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Patio Talk</div> <div>6:00 PBS&gt; Ch. 8</div> <div>Veterans Day Remembrance Day (Canada)</div>	<div>12</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>3:00 Thursday Theater</div>	<div>13</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Patio Talk</div> <div>3:00 Arts &amp; Craft</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>14</div> <div>Quanda Off</div> <div>1:30 Movie Matinee (EC)</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch.8</div>
<div>15</div> <div>9:00 FOX Ch. 5</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch. 8</div>	<div>16</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Password</div> <div>3:30 Fresh Air</div>	<div>17</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 You Name It</div> <div>3:30 Fancy Nails</div> <div>Walk Abouts w/ Brazos Angels s</div>	<div>18</div> <div>9:00 Devotional (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Patio Talk</div> <div>6:00 PBS&gt; Ch. 8</div>	<div>19</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>3:00 Thursday Theater</div>	<div>20</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Patio Talk</div> <div>3:00 Arts &amp; Craft</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>21</div> <div>1:30 Movie Matinee (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Ice Cream Treats</div> <div>3:00 Table Games</div>
<div>22</div> <div>9:00 FOX Ch. 5</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch. 8</div>	<div>23</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Password</div> <div>3:00 Lotion Therapy</div>	<div>24</div> <div>9:45 Resident Council</div> <div>10:15 Current Events</div> <div>10:30 You Name It</div> <div>3:30 Fancy Nails</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>25</div> <div>9:00 Devotional (EC)</div> <div>10:00 Drive-By Visit</div> <div>3:00 Patio Talk</div> <div>6:00 PBS&gt; Ch. 8</div>	<div>26</div> <div>9:45 Devotional Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>3:00 Thursday Theater</div> <div>Thanksgiving Day (US)</div>	<div>27</div> <div>Quanda Off</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Patio Talk</div> <div>3:00 Arts &amp; Craft</div> <div>Walk Abouts w/ Brazos Angels</div>	<div>28</div> <div>Quanda Off</div> <div>1:30 Movie Matinee (EC)</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch.8</div>
<div>29</div> <div>9:00 FOX Ch. 5</div> <div>3:00 Table Games</div> <div>6:00 PBS Ch. 8</div>	<div>30</div> <div>9:45 Devotion Reading</div> <div>10:00 Exercise</div> <div>10:15 Current Events</div> <div>10:30 Password</div> <div>3:30 Fresh Air</div>	<div>Ms. Goll Nov. 23</div> <div>Mrs. Young Nov. 29</div>				<div>2nd Floor</div> <div>3rd Floor</div> <div>HC Healthcare</div> <div>MC Memory Care</div> <div>EC Event Center</div> <div>PR Prayer Room</div> <div>L Lounge</div> <div>S Solarium</div>

Have any Questions or Suggestions Contact your Activity Coordinator Quanda @ (346) 571-2222