JUNE 2020 • INDEPENDENT LIVING Activities Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|---|
| A Limerick: Living through COVID | I | 2 | 3 | 4 | 5 | 6 D-Day |
| I sit at home all alone, Hoping at least for a call on the phone. It surely does tire us This life with the virus, That plug ugly bug called Corone. David Sears | 10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) Heroes & Legends 3:00 Monday Movie (EC & C3) "Bridge of Spies" 8:00 Houston Symphony on 88.7 | 10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments | 9:00 Devotions (EC) Reverend Charles O'Bryant Sanctifications 10:00 Exercise with Lily (EC) 2:00 Walking with Nurse Kathy | 10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Friends (L) | 10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) Heroes & Legends 3:00 Classic Movie (EC & C3) "The Big Clock" 4:30 GLOW Girls (L) | I:00 Craft Room (basement) I:00 Canasta (L) I:30 Saturday Matinee (EC) "Money for Nothing" |
| 7 | 8 | 9 | 10 | П | 12 | 13 |
| Chocolate Ice Cream Day – Have a scoop or two today. According to the Food Channel, chocolate ice cream is the second most popular ice cream flavor. (Vanilla is the top favorite.) 4:00 Pianist, Joan Bitar (L) | 10:00 Exercise with Frances (EC) 2:00 Book Review (EC) By Anna Louise Brunner "Mornings on Horseback" 8:00 Houston Symphony on 88.7 | 10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your Apartments | 9:00 Devotions (EC) Dr. Gene McKelvey Blessings 10:00 Exercise with Lily (EC) 2:00 Walking with Nurse Kathy | 10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Friends (L) 3:00 Dance Class with Lily (EC) | 10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) Heroes & Legends 3:00 Classic Movie (EC & C3) "The Thin Man" 4:30 GLOW Girls (L) | I:00 Craft Room (basement) I:00 Canasta (L) I:30 Saturday Matinee (EC) "Yankee Doodle Dandy" |
| June 14: | 15 | 16 | 17 | 18 | 19 | 20 Summer Solstice |
| Flag Day On this date in 1777, the Second Continental Congress adopted the flag of the United States. Teaching resources at: FCITLUSF EDUPROJECT/FLAS | 10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) Heroes & Legends | 10:00 Exercise with Frances (EC) | 9:00 Devotions (EC) Elaine Adams Thankfulness 10:00 Exercise with Lily (EC) | 10:00 Exercise with Frances (EC) 10 AM—I PM June Birthday Photos with Ken Caughron (EC) | 10:00 Exercise with Lily (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 3:00 Father's Day Celebration Door-to-Door | I:00 Craft Room (basement) I:00 Canasta (L) |
| 4:00 Pianist, Ginny Croft (L) | 3:00 Monday Movie (EC & C3) "Yours, Mine & Ours" 8:00 Houston Symphony on 88.7 | 2:30-3:30 Tuesday Treats Delivered to your Apartments | 2:00 Walking with Nurse Kathy | 10:30 Sing-a-long with Friends (L) 3:00 Dance Class with Lily (EC) | 4:30 GLOW Girls (L) 6:30—7:30 PM Live Performance by "Operativo" (Just Outside of the East Tower Entrance) | 1:30 Saturday Matinee (EC) "An Innocent Man" |
| 21 | 22 | 23 | 24 | , , , | 26 | 27 |
| Father's Day! 4:00 Pianist, Louise Frowe (L) | 10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) Heroes & Legends 8:00 Houston Symphony on 88.7 | 10:00 Exercise with Frances (EC) 2:30-3:30 Tuesday Treats Delivered to your | 9:00 Devotions (EC) Mary Cheek Power of Prayer 10:00 Exercise with Lily (EC) 2:00 Walking with Nurse Kathy 4:00 Pianist, Susan Alexander (L) | 10:00 Exercise with Frances (EC) 10:30 Sing-a-Long with Friends (L) 3:00 Town Hall w/ Scott | 10:00 Exercise with Frances (EC) 10:30 Mindfulness w/ Marianne Marcus (Sol) 1:30 The Great Courses (EC & C3) Heroes & Legends 3:00 Drive-by Happy Hour | I:00 Craft Room (basement) I:00 Canasta (L) I:30 Saturday Matinee (EC) "Lucky Day: A Mystery Movie" |
| 28 (L) | 29 10:00 Exercise with Frances (EC) 1:30 The Great Courses (EC & C3) Heroes & Legends | Apartments 30 10:00 Exercise with Frances (EC) | Tune to Channel 103 for daily and upcoming events | June | 2020 | 4:00 Pianist, Herman Schultz (L) Room Legend EC - Event Center L - Lounge 7W - 7th Floor Conf Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room |
| | 3:00 Monday Movie (EC & C3) "Captain Phillips" | 2:30-3:30 Tuesday Treats Delivered to your Apartments | Inside/Outside/Religious Activities | | or cancelled due to low turnout or ent weather. | AR - Aerobics Room PR - Prayer Room SOL- Solarium |

8:00 Houston Symphony on 88.7

C3 - Channel 3

JUNE 2020 • ASSISTED LIVING Activities Calendar

| | Sunday 0000 | Monday | Tuesday . | Wednesday | O O O O O O O O O O O O O O O O O O O | 0000 Eriday | Sidilizing O |
|---------|--|---|--|--|---|--|---|
| | HELLO JUNE It's Going To Be A Great Month! | 10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 1:30 The Great Course (C3) 3:00 Hand Massages/Manicures | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult Coloring/Word Search (Delivered) 3:00 ROOM BINGO!! 3:30 Tuesday Treats | 10:00 Daily Chronicles 11:00 Music and Movement (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 2:30 Movie Showing W/Popcorn (LR3) | 10:00 Daily Chronicles 11:00 Exercise (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Music & Memory 4:00 Brain Games (Delivered) | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Arts & Crafts (In Room) 3:00 Movie Showing (LR3) | 11:00 Independent Listening (Music) 2:00 Puzzles/Games (Pick Up in AR3) |
| 0,0,0 | r's NATIONAL CHOCOLATE ICE CREAM DAY! | 10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 1:30 Crosswords Puzzles (Delivered) 3:00 Hand Massages/Manicures | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult Coloring/Word Search (Delivered) 3:00 ROOM BINGO!! 3:30 Tuesday Treats | 10:00 Daily Chronicles 11:00 Music and Movement (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 2:30 Movie Showing W/Popcorn (LR3) | 10:00 Daily Chronicles 11:00 Exercise (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Music & Memory 4:00 Brain Games (Delivered) | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Arts & Crafts (In Room) 3:00 Movie Showing (LR3) | 11:00 Independent Listening (Music) 2:00 Puzzles/Games (Pick Up in AR3) |
| 2000000 | FLAG DAY History, Design and Legal Challenges Flag Day (US) | 15 10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 1:30 The Great Course (C3) 3:00 Hand Massages/Manicures | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult Coloring/Word Search (Delivered) 3:00 ROOM BINGO!! 3:30 Tuesday Treats | 17 10:00 Daily Chronicles 11:00 Music and Movement (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 2:30 Movie Showing W/Popcorn (LR3) | 10:00 Daily Chronicles 11:00 Exercise (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Music & Memory 4:00 Brain Games (Delivered) | 19 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Arts & Crafts (In Room) 3:00 F | 11:00 Independent Listening (Music) 2:00 Puzzles/Games (Pick Up in AR3) |
| | Pather's Day | 10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 1:30 The Great Course (C3) 3:00 Hand Massages/Manicures | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 Adult Coloring/Word Search (Delivered) 3:00 ROOM BINGO!! 3:30 Tuesday Treats | 10:00 Daily Chronicles 11:00 Music and Movement (DR3) 11:30 Lunch 2:00 Daily Devotions (Delivered) 2:30 Movie Showing W/Popcorn (LR3) | 10:00 Daily Chronicles 11:00 Exercise (DR3) 11:30 Lunch 2:00 Aromatherapy (In Room) 3:00 Town Hall (W/Scott) 4:00 Brain Games (Delivered) | 10:00 Daily Chronicles (Delivered) 11:00 Yoga (DR3) 11:30 Lunch 2:00 BINGO STORE!! (DR3) 3:00 Movie Showing (LR3) | 11:00 Independent Listening (Music) 2:00 Puzzles/Games (Pick Up in AR3) |
| 000 | Good, better, best. Never let it rest. 'Til your good is better and your better is best. St. Jerome | 10:00 Daily Chronicles (Delivered) 11:00 Exercise (DR3) 11:30 Lunch 1:30 The Great Course (C3) 3:00 Hand Massages/Manicures | 10:00 Daily Chronicles (Delivered) 11:00 Resident Council Meeting (DR3) 11:30 Lunch 2:00 Adult Coloring/Word Search (Delivered) 3:00 ROOM BINGO!! 3:30 Tuesday Treats | June Birthdays Jackie Godwin Anna Hornak | June | 2020 | |

Brazos Lowers At Bayou Manor Assisted Living Activities

JUNE 2020 · MEMORY CARE Activities Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|---|
| HELLO JUNE IT'S GOING TO BE A GREAT MONTH! | 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion 4:00 Meditation | 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Top Games 3:00 Music and Memory 3:30 Tuesday Treats! | 10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aroma Therapy 6:00 Evening Meditation on Patio | 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Music and Memory 3:30 Snack Cart | 10:00 Daily Chronicles 11:00 Sensory Games 11:30 Lunch 1:00 Facetime/Skype Families 3:00 Facials 6:00 Evening Meditation on Patio | 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games |
| something we all can get excited about 7 11'S NATIONAL CHOCOLATE ICE CREAN DAY! June 7, 2016 | 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion 4:00 Meditation | 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Top Games 3:00 Music and Memory 3:30 Tuesday Treats! | 10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aroma Therapy 6:00 Evening Meditation on | 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Music and Memory 3:30 Snack Cart | 10:00 Daily Chronicles 11:00 Sensory Games 11:30 Lunch 1:00 Facetime/Skype Families 3:00 Facials 6:00 Evening Meditation on Patio | 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games |
| FLAG DAY History, Design and Legal Challenges Flag Day (US) | 15 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion 4:00 Meditation | 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Top Games 3:00 Music and Memory 3:30 Tuesday Treats! | 17 10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aroma Therapy 6:00 Evening Meditation on Patio | 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Music and Memory 3:30 Snack Cart | 19 10:00 Daily Chronicles 11:00 Sensory Games 11:30 Lunch 1:00 Facetime/Skype Families 3:00 Father's Day Celebration (Door-to-Door) 6:00 Evening Meditation on Patio | 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games |
| Father's Day | 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion 4:00 Meditation | 11:00 Sensory Materials 11:30 Lunch 1:00 Table Top Games 3:00 Music and Memory 3:30 Tuesday Treats! | 10:00 Daily Chronicles 11:00 Hymn Songs 11:30 Lunch 1:00 Daily Devotions 3:00 Aroma Therapy 6:00 Evening Meditation on Patio | 10:00 Daily Chronicles 11:00 Sorting/Matching 11:30 Lunch 1:00 Instruments 3:00 Music and Memory 3:30 Snack Cart | 10:00 Daily Chronicles 11:00 Sensory Games 11:30 Lunch 1:00 Facetime/Skype Families 3:00 Facials 6:00 Evening Meditation on Patio | 11:00 Balloon Toss 11:30 Lunch 1:00 Music 3:00 Table Games |
| Good, better, best. ²⁸ Never let it rest. 'Til your good is better and your better is best. St. Jerome | 10:00 Daily Chronicles 11:00 Sing-a-Long 11:30 Lunch 1:00 Reminiscing 3:00 Hand Massages W/Lotion 4:00 Meditation | 10:00 Daily Chronicles 11:00 Sensory Materials 11:30 Lunch 1:00 Table Top Games 3:00 Music and Memory 3:30 Tuesday Treats! | | | JUNE | 2020 |

JUNE 2020 • HEALTH CARE CENTER Activities Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|---|
| 2nd Floor 3rd Floor HC Healthcare MC Memory Care EC Event Center PR Prayer Room L Lounge S Solarium P Patio | 9:30 Exercise 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events 3:30 Fresh Air | 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective 6:00 PBS> Ch. 8 | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 School's Out Detective 6:00 PBS Ch. 8 | 9:30 Exercise (2) 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Wacky Words (3) | 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games |
| 3:00 Table Games 6:00 PBS Ch. 8 | 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:00 Lotion Therapy | 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events 2) 10:15 You Name It (2) 3:30 Fancy Nails (3) | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective 6:00 PBS> Ch. 8 | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective 6:00 PBS Ch. 8 | 9:30 Exercise (2) 9:45 Current Events 10:00 Exercise (3) 10:15 Current Events Devotion Reading 3:00 Arts & Craft (3) | Quanda Off 13 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Table Games |
| 3:00 Table Games 6:00 PBS Ch. 8 | 9:30 Exercise (2) 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:30 Fresh Air | 9:30 Movement w/ music 10:00 Exercise (3)) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective 6:00 PBS> Ch. 8 | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 Texas Road Trip Detective 6:00 PBS Ch. 8 | 9:30 Exercise (2 9:45 Current Events (2)) 10:00 Exercise (3) Devotion Reading 10:00 Current Events (2) 10:15 Hardware Store Shopping 3:00 Arts & Craft (3) | 1:30 Movie Matinee (EC) 3:00 Ice Cream Treats 3:00 Table Games |
| 3:00 Table Games 6:00 PBS Ch. 8 | 9:30 Morning Stretch 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:00 Lotion Therapy | 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Events (2) 10:00 Drive-By Visit 3:00 Grandparent's Attic Detective 6:00 PBS> Ch. 8 | 9:00 Devotional (EC) 9:30 Exercise (2) 9:45 Humor Wed. (2) 10:00 Current Event (2) 10:00 Drive-By Visits 3:00 Grandparent's Attic Detective 6:00 PBS Ch. 8 | 9:30 Exercise (2) 9:45 Current Events (2) 10:00 Exercise (3) 10:15 Current Events (3) Devotion Reading 3:00 Shopping List Game | Quanda Off 27 10:00 Drive-By Visits 1:30 Movie Matinee (EC) 3:00 Table Games |
| 3:00 Table Games 6:00 PBS Ch. 8 | 9:30 Morning Stretch 10:00 Exercise (3) Devotion Reading 10:00 Current Events 10:15 Password (2) 3:30 Fresh Air | 9:30 Movement w/ music 10:00 Exercise (3) Devotion Reading (2) 10:00 Current Events (2) 10:15 You Name It (2) 3:30 Fancy Nails (3) | 0 Exercise (3) Otion Reading (2) 0 Current Events (2) 5 You Name It (2) Reeve Jun. 12 | | | |