



**BEST**  
NURSING HOMES  
**U.S. News**  
Winner since 2015

**A FRESH  
APPROACH**

**YOUR SKILLED  
CARE PARTNER**



**BRAZOS TOWERS**  
AT BAYOU MANOR

*“Being a nurse, which is the worst patient of all, (we second guess everything that is done or ordered)... but this staff at Bayou Manor goes above and beyond anything I could have hoped for. I am sad to leave them but I’ll be back next year when I have my other knee replaced. I want to thank everyone from top to bottom. I am giving extra praise to the CNA’s who have a hard job, but do it all with a smile.”*

**– Gwendolyn Douglas**



*“Dad spent the last couple of months at Brazos Towers at Bayou Manor, where the medical, nursing, physical therapy, caregiving, dining and housekeeping teams were the most knowledgeable, helpful, compassionate and funny people I’ve encountered in the industry.*

*...you have created something wonderful at Brazos Towers!”*

**– Michelle McBride Bailey**



# What Makes Us Different?

At Brazos Towers at Bayou Manor Healthcare Center, both the short and long-term care of our residents are at the forefront of our mission. With a legacy of over 50 years of serving the needs of Houston seniors, our community employs a medical director and nurse practitioner specializing in Gerontology with a focus on rehabilitative care. Our resident-centered culture focuses on individual needs and preferences in a home-like environment conducive to resident interaction. Residents’ physical, mental, emotional and spiritual health is nurtured through our **InPower** wellness program.



*“I am especially impressed by the compassionate corporate policy to use endowment funds to extend support to long-term residents in need.”*

**– Rev. Dan King**  
First Unitarian Universalist Church  
of Houston



# Healthcare Center Amenities And Benefits

Residents can expect a team of inter-disciplinary professionals who work closely with them toward their full recovery. Professional nurses, rehabilitation therapists, social workers, dining services staff and activity professionals meet regularly with each resident. Family members are invited to attend these meetings. Together, residents and their team formulate and execute the optimal treatment and care plans to achieve the highest possible level of recovery.

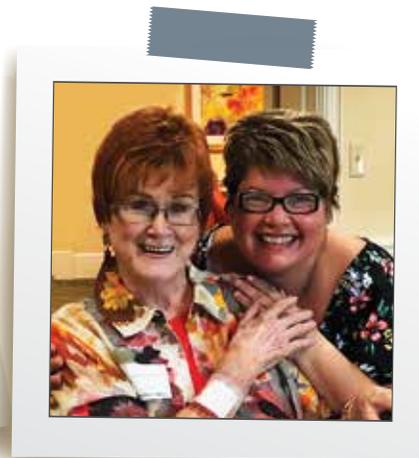
- Private Resident rooms on two floors, with two living rooms, two dining rooms, two beauty salons, and special occasion private dining rooms also available
- 24-hour Registered Nurse coverage
- Geriatric Board Certified Physician and Board Certified Nurse Executives are highly qualified in geriatrics, rehabilitation and resident centered care
- Therapy Services Suite onsite with licensed Medicare Certified, Physical, Occupational and Speech therapists
- We work closely with residents and doctors to prevent unnecessary re-hospitalization
- Transitional living arrangements, assisted living, memory care and palliative care

*“I can’t ask for anything better as far as care for my Mom. The staff is very loving/caring. My mom is very happy here and I can go out of town with a sense of peace, no worries about my mom being taken care of.”*

**– Daughter of  
Long-term Resident**



*“My care has been beyond my expectations. Help comes to me before I even ask for it. Everyone – all the staff – is just so caring and nice.”*  
**– Coline “Toto” McGehee**



*“I felt very ‘CARED-FOR’ at Bayou Manor and would highly recommend Skilled Nursing to anyone who needs caring comfort.”*

**– Barbara Watkins**



*“Moving to Brazos Towers at Bayou Manor was the BEST decision I’ve ever made (since getting married). When I left Skilled Nursing to go back to Independent Living, I cried because I didn’t want to leave.”*

**– Harriet Mason**



*“Care has been excellent. The Staff is always on time and are very loyal. They do what they say they are going to do. Food is excellent.”*

**– Joyce Carson**



*“My mother's time at Bayou Manor has been wonderful. It's a very well run place. The staff is always accommodating, loving and never ceases in exceeding all of my expectations.”*

**– Margery Sargent  
Daughter of Joyce Carson**



*“My father says ‘I have everything I need here, what more can I ask for?’ The activity programming is outstanding and the coordinator is phenomenal. She finds the best activities for my parents. She is very creative and caring.”*

**– Patricia Nanney  
Daughter of Robert Coller**



### InPower your **MIND**

InPower creates opportunities for residents to consistently challenge their intellect, strengthen and expand their personal relationships and explore their inherent creativity.



### InPower your **BODY**

InPower helps to maintain or improve residents’ health and vitality through programs and activities that address fitness, sleep and relaxation, pharmacology and nutrition.



### InPower your **HEART**

InPower encourages residents to engage with those around them including those who are new to them. Through mentoring, volunteerism, community and celebration it ensures residents experience the richness of interaction so important to all of us.



### InPower your **SOUL**

InPower enables residents - through worship, prayer, meditation, reflection or visualization - to identify or simply endorse their purpose. InPower helps them to find meaning in their lives and to celebrate their essence - what makes them, them.



**InPower™**

LIVE MORE.

## Live More With InPower

**InPower** is the Brazos Tower at Bayou Manor’s custom designed approach to resident wellness that encourages residents to LIVE MORE. **InPower** addresses every aspect of health and well-being — MIND, BODY, HEART and SOUL and is facilitated through a number of specialized amenities.

Through a mix of intellectual stimulation, physical optimization, social engagement and spiritual fulfillment, **InPower** allows our residents to stay engaged in things that bring them joy.

# Your partners in care...

Our design approach moves away from the medical model and toward a household model so that residents feel like residents rather than patients. To that end, the Healthcare Center staff is decentralized while the resident social areas such as living rooms, lounges, therapy and dining areas are emphasized.



*Homemade signs made by friends and family of a resident undergoing rehabilitation therapy.*

***Experience individualized personal care in a fresh, home-like setting.***



**DISCOVER THE DIFFERENCE TODAY.**

Contact Brazos Towers at Bayou Manor to learn more about any and all of our healthcare services and wellness program details.

**NON-PROFIT - FAITH BASED  
CONTINUING CARE RETIREMENT COMMUNITY  
SINCE 1963**

**4141 S. Braeswood Blvd., Houston, TX 77025  
[www.brazostowers.org](http://www.brazostowers.org)**

**Skilled Nursing Admission Inquiries  
please CALL: 713.666.2651 EXT. 4000**



**BRAZOS TOWERS**  
AT BAYOU MANOR

*Brazos Presbyterian Homes, Inc. serves older adults of all faiths, regardless of race, color, sex, national origin, age or handicap, except as limited by state and federal law.*



# HERE, YOU CAN RETIRE ON YOUR OWN TERMS

**Brazos Towers is a Life Plan Community,**  
with a full continuum of care available to you, if and when you need it!  
**Schedule a visit today.**

## **Assisted Living**

- All-inclusive Care Services (no a-la-carte additional charges)
- Residents are free to come and go as they please
- Residents enjoy the same expansive menu selection as Independent Living residents
- Full-time activities coordinator specifically for Assisted Living
- Freedom to participate in Independent Living activities

## **Rehabilitation**

- Medicare-certified
- On-site therapy suite
- Occupational therapy
- Speech therapy
- Physical therapy
- Outpatient services available
- Walking trails

## **Memory Care**

- Activity programs developed around the individual capabilities of each resident
- Music and Memory Program
- Low resident-to-caregiver ratio
- Secured ingress and egress
- Expanded menu selection available

## **Skilled Nursing**

- Medicare Certified – 5-star award winner
- Medical Director is a geriatric care physician
- Weekly visits from a geriatric physician & physician's assistant
- IV therapy capability
- 24-hour RNs and LVNs
- Full-time activities coordinator specifically for Skilled Nursing
- Resident-centered care, focusing on the preferences of each resident
- Private rooms with private showers



Independent Living • Assisted Living • Memory Care • Skilled Nursing • Rehabilitation

713.660.5000 • [BrazosTowers.org](http://BrazosTowers.org)

Brazos Towers at Bayou Manor and its sister property, The Hallmark, are the senior living communities of Brazos Presbyterian Homes, Inc. Brazos Presbyterian Homes, Inc. serves older adults of all faiths, regardless of race, color, sex, national origin, age or handicap, except as limited by state and federal law.



# Skilled Nursing Common Areas



# Skilled Nursing Residences

