

Take a few moments to complete this form to compare your typical monthly expenses with the Retirement Transition you are considering.

<b>Current Monthly Expenses</b>		<b>Comparison</b>	
Food	\$		\$
Mortgage, Rent, Condominium Fees	\$		\$
Water / Sewer	\$		\$
Electricity	\$		\$
Trash / Recycling Fee	\$		\$
Telephone	\$		\$
Basic Cable Services/Internet	\$		\$
Real Estate Taxes: County : Local / School	\$		\$
Lawn Services (Spray, Aeration)	\$		\$
Grounds Keeping (Cutting, Weeding, Mulching, Edging, Tree / Shrub Care)	\$		\$
Gutter Cleaning	\$		\$
House Cleaning Service Weekly	\$		\$
Pest Control	\$		\$
Major Home Upkeep (Plumbing, Roofing, Painting)	\$		\$
Major Appliances (Maintain / Replace)	\$		\$
Swimming Pool / Jacuzzi	\$		\$
Security / Alarm System	\$		\$
Health Club	\$		\$
Health Care / Home Health Care (30-Days in Skilled Nursing Care)	\$		\$
Transportation	\$		\$
Entertainment	\$		\$
Staff	\$		\$
On-site Full-time Assisted Living and Healthcare Services	\$		\$
<b>Total Expenses</b>	<b>\$</b>	<b>Total Expenses</b>	<b>\$</b>



**Meet Michelle Watkins, Retirement Counselor**

After many years of working in the industry of retirement living, Michelle now serves as a Retirement Counselor and Marketing Director of Brazos Towers at Bayou Manor. Helping seniors successfully navigate their choices by better understanding the differences between communities and the services they offer, is an important part of her daily role. Whether these individuals end up moving to Brazos Towers at Bayou Manor, or somewhere else, Michelle knows that she and her team have succeeded if visitors leave with the information and tools they need to create a plan that will allow them to thrive in the next chapter of their lives.

**To read my complete blog, please go to [JustAskMichelle.com](http://JustAskMichelle.com).  
Or, you can contact me via email at [michelle.watkins@houstonretirement.org](mailto:michelle.watkins@houstonretirement.org)**